



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 3

28.11.2015 12:30

Race (50:00 and 1 Laps) started at 12:31:10

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
(10) Camille Chapeliere							(842) Rob van Vijfeijken						
1	12:35:31.031			1:12.798	1:49.181	1:07.461	1	12:35:48.734			1:17.256	1:55.878	1:12.162
2	12:40:19.262	4:48.231	36.876	1:14.879	1:48.677	1:07.799	2	12:41:12.491	5:23.757	40.196	1:25.704	2:00.857	1:17.000
3	12:45:14.825	4:55.563	38.429	1:18.488	1:51.101	1:07.545	3	12:46:55.323	5:42.832	42.334	1:25.664	2:14.572	1:20.262
4	12:50:06.055	4:51.230	38.450	1:15.442	1:49.390	1:07.948	4	12:52:36.183	5:40.860	44.851	1:28.258	2:08.965	1:18.786
5	12:55:00.820	4:54.765	38.112	1:17.398	1:50.516	1:08.739	5	13:01:08.487	8:32.304	44.893	1:28.580	2:08.793	4:10.038
6	13:02:10.646	7:09.826	38.967	1:16.711	1:53.189	3:20.959	6	13:06:46.514	5:38.027	45.173	1:28.822	2:07.036	1:16.996
7	13:07:12.316	5:01.670	40.146	1:18.893	1:53.062	1:09.569	7	13:12:26.595	5:40.081	44.710	1:26.462	2:08.680	1:20.229
8	13:12:11.910	4:59.594	40.720	1:16.612	1:52.971	1:09.291	8	13:18:09.595	5:43.000	44.547	1:28.483	2:08.862	1:21.108
9	13:17:11.648	4:59.738	41.472	1:17.739	1:51.709	1:08.818	9	13:23:51.724	5:42.129	45.094	1:27.049	2:07.928	1:22.058
10	13:22:16.756	5:05.108	42.095	1:17.057	1:55.326	1:10.630	10	13:29:39.741	5:48.017	45.945	1:29.018	2:11.223	1:21.831
11	13:27:18.136	5:01.380	40.893	1:17.118	1:51.977	1:11.392	(22) Jarno Verhorevoort						
(42) Adrien van Beveren							1	12:36:03.792			1:23.933	2:01.498	1:15.430
1	12:35:31.742			1:13.705	1:48.776	1:07.088	2	12:41:20.129	5:16.337	39.571	1:22.237	1:59.453	1:15.076
2	12:40:20.874	4:49.132	37.473	1:14.764	1:48.074	1:08.821	3	12:46:47.440	5:27.311	40.758	1:24.205	2:04.895	1:17.453
3	12:45:18.719	4:57.845	38.234	1:15.973	1:51.482	1:12.156	4	12:52:22.181	5:34.741	42.116	1:27.594	2:06.098	1:18.933
4	12:50:19.326	5:00.607	38.141	1:18.799	1:50.686	1:12.981	5	12:58:02.364	5:40.183	43.580	1:27.797	2:08.773	1:20.033
5	12:55:21.286	5:01.960	39.026	1:16.778	1:52.621	1:13.535	6	13:03:47.277	5:44.913	43.713	1:26.815	2:09.336	1:25.049
6	13:00:24.586	5:03.300	39.374	1:18.559	1:52.402	1:12.965	7	13:12:51.467	9:04.190	46.174	1:24.246	2:13.196	4:40.574
7	13:05:32.400	5:07.814	39.883	1:18.744	1:56.678	1:12.509	8	13:18:33.026	5:41.559	46.495	1:25.156	2:08.757	1:21.151
8	13:10:46.437	5:14.037	41.781	1:21.638	1:55.404	1:15.214	9	13:24:14.023	5:40.997	46.103	1:23.644	2:09.601	1:21.649
9	13:17:51.987	7:05.550	42.785	1:17.545	1:54.555	3:10.665	10	13:29:51.442	5:37.419	46.280	1:24.696	2:05.044	1:21.399
10	13:22:59.896	5:07.909	40.663	1:19.073	1:53.388	1:14.785	(843) Christian Dignum						
11	13:28:09.589	5:09.693	41.494	1:19.531	1:55.679	1:12.989	1	12:35:56.468			1:25.460	1:56.479	1:11.157
(6) Steve Ramon							2	12:41:10.583	5:14.115	39.009	1:23.404	1:57.831	1:13.871
1	12:35:39.481			1:16.809	1:52.095	1:09.064	3	12:46:49.492	5:38.909	41.144	1:27.661	2:12.090	1:18.014
2	12:40:29.739	4:50.258	37.341	1:14.175	1:49.178	1:09.564	4	12:55:45.186	8:55.694	45.152	1:28.253	2:06.361	4:35.928
3	12:45:34.765	5:05.026	41.470	1:16.979	1:55.049	1:11.528	5	13:01:14.715	5:29.529	42.784	1:25.427	2:03.348	1:17.970
4	12:50:33.111	4:58.346	40.186	1:15.937	1:51.135	1:11.088	6	13:06:56.264	5:41.549	46.452	1:27.106	2:07.488	1:20.503
5	12:55:39.920	5:06.809	43.596	1:17.040	1:53.238	1:12.935	7	13:12:40.841	5:44.577	43.294	1:27.273	2:15.276	1:18.734
6	13:04:13.554	8:33.634	41.118	1:18.353	1:54.643	4:39.520	8	13:18:27.553	5:46.712	44.513	1:28.298	2:12.769	1:21.132
7	13:09:14.086	5:00.532	40.649	1:18.323	1:50.161	1:11.399	9	13:24:18.302	5:50.749	48.062	1:27.832	2:14.478	1:20.377
8	13:14:22.591	5:08.505	41.620	1:18.195	1:53.877	1:14.813	10	13:30:13.762	5:55.460	45.755	1:30.099	2:18.155	1:21.451
9	13:19:23.857	5:01.266	41.715	1:16.586	1:53.828	1:09.137	(46) Ronnie van Rooij						
10	13:24:28.352	5:04.495	44.748	1:17.419	1:52.641	1:09.687	1	12:35:59.713			1:21.689	2:00.642	1:14.905
11	13:29:41.598	5:13.246	41.648	1:19.709	1:53.127	1:18.762	2	12:41:17.522	5:17.809	41.195	1:21.804	1:59.084	1:15.726
(14) Marc de Reuver							3	12:46:47.405	5:29.883	40.610	1:24.019	2:05.962	1:19.292
1	12:35:34.787			1:16.115	1:48.237	1:07.818	4	12:52:21.038	5:33.633	44.449	1:24.204	2:04.048	1:20.932
2	12:40:22.530	4:47.743	37.513	1:15.794	1:47.172	1:07.264	5	12:57:58.861	5:37.823	43.594	1:24.350	2:07.295	1:22.584
3	12:45:14.244	4:51.714	38.466	1:15.931	1:47.758	1:09.559	6	13:07:41.282	9:42.421	43.890	1:27.606	2:24.134	5:06.791
4	12:54:00.351	8:46.107	37.963	1:15.691	1:50.215	5:02.238	7	13:13:21.945	5:40.663	44.733	1:28.996	2:06.387	1:20.547
5	12:59:00.545	5:00.194	40.099	1:17.894	1:52.718	1:09.483	8	13:19:02.373	5:40.428	44.855	1:27.217	2:06.594	1:21.762
6	13:04:34.000	5:33.455	1:07.192	1:21.076	1:53.467	1:11.720	9	13:24:43.622	5:41.249	47.776	1:28.192	2:04.566	1:20.715
7	13:09:34.134	5:00.134	40.390	1:17.068	1:53.160	1:09.516	10	13:30:25.965	5:42.343	43.722	1:27.485	2:08.326	1:22.810
8	13:14:31.883	4:57.749	40.014	1:15.217	1:51.982	1:10.536	(835) Danny Gerards						
9	13:19:35.461	5:03.578	41.486	1:19.731	1:52.065	1:10.296	1	12:36:13.229			1:29.802	2:05.726	1:14.174
10	13:24:42.821	5:07.360	43.179	1:16.315	1:53.956	1:13.910	2	12:41:44.242	5:31.013	40.803	1:29.376	2:04.771	1:16.063
11	13:29:47.857	5:05.036	41.900	1:16.124	1:54.025	1:12.987	3	12:47:23.381	5:39.139	40.394	1:29.626	2:10.381	1:18.738
(99) Ben Watson							4	12:52:58.663	5:35.282	44.314	1:32.429	2:01.728	1:16.811
1	12:35:40.924			1:15.079	1:52.101	1:11.198	5	13:02:30.795	9:32.132	43.719	1:31.134	2:04.621	5:12.658
2	12:40:38.619	4:57.695	39.153	1:14.196	1:53.055	1:11.291	6	13:08:03.440	5:32.645	42.283	1:27.839	2:04.543	1:17.980
3	12:46:00.103	5:21.484	41.261	1:22.595	1:58.715	1:18.913	7	13:13:37.847	5:34.407	43.113	1:28.299	2:03.451	1:19.544
4	12:51:24.076	5:23.973	42.468	1:25.296	2:00.875	1:15.334	8	13:19:18.970	5:41.123	43.109	1:28.917	2:07.070	1:22.027
5	12:56:40.158	5:16.082	42.858	1:20.978	1:57.934	1:14.312	9	13:24:57.099	5:38.129	44.295	1:29.282	2:05.941	1:18.611
6	13:01:57.157	5:16.999	43.511	1:20.404	1:59.114	1:13.970	10	13:30:40.051	5:42.952	45.591	1:28.716	2:07.773	1:20.872
7	13:07:12.017	5:14.860	44.142	1:20.015	1:57.236	1:13.467	(979) Maurice Scheijbeler						
8	13:14:45.578	7:33.561	43.671	1:19.892	1:57.798	3:32.200	1	12:36:16.926			1:29.059	2:09.747	1:12.560
9	13:19:58.963	5:13.385	43.720	1:17.196	1:57.221	1:15.248	2	12:41:37.429	5:20.503	38.613	1:27.624	1:58.564	1:15.702
10	13:25:21.642	5:22.679	42.666	1:19.109	2:04.554	1:16.350	3	12:47:15.755	5:38.326	41.223	1:30.731	2:06.109	1:20.263
11	13:30:43.109	5:21.467	46.039	1:20.507	1:59.124	1:15.797	4	12:53:09.768	5:54.013	43.236	1:29.727	2:18.431	1:22.619
							5	13:02:27.583	9:17.815	42.291	1:28.974	2:05.826	5:00.724



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 3

28.11.2015 12:30

Race (50:00 and 1 Laps) started at 12:31:10

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
6	13:08:04.820	5:37.237	42.675	1:26.400	2:07.373	1:20.789	1	12:36:19.522			1:22.358	2:13.958	1:19.210
7	13:13:44.355	5:39.535	45.348	1:28.597	2:08.647	1:16.943	2	12:42:03.618	5:44.096	43.796	1:30.506	2:08.345	1:21.449
8	13:19:23.245	5:38.890	43.513	1:27.597	2:06.791	1:20.989	3	12:47:58.562	5:54.944	46.115	1:25.938	2:17.853	1:25.038
9	13:25:18.650	5:55.405	54.581	1:30.021	2:08.724	1:22.079	4	12:53:57.061	5:58.499	45.129	1:26.970	2:23.636	1:22.764
10	13:30:59.998	5:41.348	44.793	1:26.476	2:07.690	1:22.389	5	13:03:29.273	9:32.212	46.851	1:29.144	2:14.688	5:01.529
(846) Mike Bouwmeester							6	13:09:25.098	5:55.825	47.302	1:27.970	2:14.273	1:26.280
1	12:36:12.218			1:27.335	2:03.353	1:17.297	7	13:15:32.968	6:07.870	47.508	1:31.545	2:22.990	1:25.827
2	12:41:52.471	5:40.253	40.415	1:38.414	2:03.167	1:18.257	8	13:21:41.500	6:08.532	47.271	1:31.235	2:23.199	1:26.827
3	12:47:23.973	5:31.502	40.855	1:23.731	2:08.482	1:18.434	9	13:27:39.189	5:57.689	50.942	1:27.025	2:14.939	1:24.783
4	12:52:50.518	5:26.545	42.071	1:23.914	2:01.841	1:18.719	(1048) Jorie Seubers						
5	13:02:38.409	9:47.891	43.503	1:26.833	2:09.598	5:27.957	1	12:36:16.548			1:21.641	2:10.801	1:18.963
6	13:08:15.407	5:36.998	43.140	1:26.319	2:05.997	1:21.542	2	12:41:52.142	5:35.594	41.254	1:26.099	2:08.506	1:19.735
7	13:13:54.208	5:38.801	47.060	1:25.657	2:04.657	1:21.427	3	12:47:57.241	6:05.099	40.961	1:27.863	2:30.944	1:25.331
8	13:19:36.593	5:42.385	43.421	1:28.589	2:10.368	1:20.007	4	12:53:48.659	5:51.418	43.950	1:30.904	2:15.998	1:20.566
9	13:25:24.488	5:47.895	47.626	1:26.842	2:11.636	1:21.791	5	13:04:10.241	10:21.582	44.765	1:27.263	2:20.937	5:48.617
10	13:31:13.644	5:49.156	47.924	1:28.221	2:08.236	1:24.775	6	13:10:03.963	5:53.722	45.517	1:26.392	2:19.171	1:22.642
(869) Kevin Schepers							7	13:15:59.116	5:55.153	48.022	1:28.301	2:16.369	1:22.461
1	12:36:49.476			1:37.429	2:26.553	1:20.669	8	13:21:55.906	5:56.790	46.675	1:27.510	2:18.443	1:24.162
2	12:42:31.430	5:41.954	44.196	1:32.112	2:08.210	1:17.436	9	13:27:53.950	5:58.044	52.969	1:28.017	2:14.718	1:22.340
3	12:48:12.833	5:41.403	41.759	1:30.141	2:08.186	1:21.317	(823) Joshua van der Linden						
4	12:54:02.747	5:49.914	47.288	1:29.777	2:10.905	1:21.944	1	12:36:05.461			1:21.501	2:04.378	1:17.456
5	13:03:26.725	9:23.978	43.778	1:25.967	2:10.038	5:04.195	2	12:41:40.649	5:35.188	41.809	1:24.023	2:11.283	1:18.073
6	13:09:04.863	5:38.138	45.401	1:25.466	2:06.547	1:20.724	3	12:47:14.706	5:34.057	42.114	1:22.924	2:09.939	1:19.080
7	13:14:43.165	5:38.302	43.730	1:28.062	2:04.822	1:21.688	4	12:53:01.640	5:46.934	46.346	1:25.596	2:15.286	1:19.706
8	13:20:19.710	5:36.545	44.634	1:25.671	2:04.686	1:21.554	5	13:03:14.583	10:12.943	45.946	1:21.980	2:15.179	5:49.838
9	13:26:04.426	5:44.716	42.393	1:26.993	2:11.338	1:23.992	6	13:08:58.529	5:43.946	45.153	1:22.398	2:15.013	1:21.382
10	13:32:14.244	6:09.818	48.503	1:28.406	2:26.588	1:26.321	7	13:15:56.739	6:58.210	46.943	1:27.750	3:22.231	1:21.286
(945) Renzo Meijer							8	13:21:56.022	5:59.283	46.529	1:29.176	2:21.828	1:21.750
1	12:36:21.278			1:26.991	2:10.251	1:18.322	9	13:27:57.250	6:01.228	48.960	1:30.484	2:16.632	1:25.152
2	12:41:57.325	5:36.047	42.963	1:23.533	2:09.856	1:19.695	(841) Sander Kost						
3	12:47:45.040	5:47.715	44.160	1:22.870	2:15.751	1:24.934	1	12:36:20.442			1:27.356	2:10.246	1:19.472
4	12:53:40.973	5:55.933	47.791	1:24.318	2:15.941	1:27.883	2	12:42:13.866	5:53.424	41.144	1:29.519	2:20.668	1:22.093
5	13:03:04.251	9:23.278	48.965	1:24.082	2:22.580	4:47.651	3	12:48:02.644	5:48.778	42.932	1:26.580	2:16.565	1:22.701
6	13:08:50.964	5:46.713	47.220	1:20.908	2:14.449	1:24.136	4	12:53:51.799	5:49.155	47.477	1:29.460	2:13.166	1:19.052
7	13:14:50.949	5:59.985	48.153	1:20.409	2:24.326	1:27.097	5	13:04:10.332	10:18.533	44.850	1:28.227	2:12.866	5:52.590
8	13:20:49.495	5:58.546	49.595	1:25.760	2:16.496	1:26.695	6	13:10:06.731	5:56.399	52.526	1:26.752	2:14.536	1:22.585
9	13:26:46.875	5:57.380	49.783	1:23.854	2:17.267	1:26.476	7	13:15:52.650	5:45.919	43.758	1:25.212	2:15.923	1:21.026
10	13:32:51.526	6:04.651	51.116	1:26.591	2:20.138	1:26.806	8	13:22:03.698	6:11.048	42.595	1:24.370	2:34.775	1:29.308
(872) Jongewaard Stefan							9	13:28:27.624	6:23.926	1:03.795	1:34.774	2:17.571	1:27.786
1	12:36:11.187			1:25.380	2:03.900	1:16.372	(968) Nick van Rees						
2	12:41:43.824	5:32.637	42.962	1:24.244	2:07.153	1:18.278	1	12:36:19.222			1:26.894	2:10.983	1:17.290
3	12:47:27.138	5:43.314	42.413	1:30.325	2:12.026	1:18.550	2	12:42:25.975	6:06.753	40.698	1:26.260	2:24.614	1:35.181
4	12:53:08.633	5:41.495	43.553	1:27.522	2:08.723	1:21.697	3	12:48:22.665	5:56.690	45.117	1:31.730	2:18.653	1:21.190
5	12:59:09.210	6:00.577	46.731	1:30.970	2:18.526	1:24.350	4	12:54:42.541	6:19.876	47.550	1:35.451	2:32.389	1:24.486
6	13:09:10.697	10:01.487	46.228	1:34.728	2:11.242	5:29.289	5	13:04:13.017	9:30.476	47.842	1:30.835	2:23.699	4:48.100
7	13:15:00.336	5:49.639	44.153	1:25.873	2:14.659	1:24.954	6	13:10:16.370	6:03.353	48.551	1:29.932	2:17.788	1:27.082
8	13:21:03.161	6:02.825	48.203	1:30.456	2:13.217	1:30.949	7	13:16:18.946	6:02.576	47.996	1:30.986	2:18.707	1:24.887
9	13:27:05.171	6:02.010	51.792	1:28.956	2:12.927	1:28.335	8	13:22:26.902	6:07.956	49.205	1:28.662	2:19.539	1:30.550
10	13:33:09.761	6:04.590	51.024	1:29.953	2:14.903	1:28.710	9	13:28:39.095	6:12.193	50.861	1:34.288	2:18.502	1:28.542
(1111) Marc Pepers							(838) Hans van Eyken						
1	12:36:29.236			1:30.991	2:12.665	1:17.671	1	12:36:10.853			1:26.049	2:04.170	1:18.012
2	12:42:11.844	5:42.608	44.492	1:25.339	2:10.999	1:21.778	2	12:41:54.120	5:43.267	43.577	1:31.870	2:06.430	1:21.390
3	12:47:59.055	5:47.211	42.327	1:25.338	2:18.854	1:20.692	3	12:48:13.936	6:19.816	44.995	1:33.969	2:13.703	1:47.149
4	12:53:50.872	5:51.817	44.329	1:24.407	2:17.959	1:25.122	4	12:54:22.736	6:08.800	50.148	1:33.929	2:18.166	1:26.557
5	12:59:47.407	5:56.535	46.444	1:26.010	2:18.992	1:25.089	5	13:00:27.226	6:04.490	48.261	1:37.241	2:15.211	1:23.777
6	13:09:33.597	9:46.190	49.121	1:27.540	2:19.994	5:09.535	6	13:10:18.499	9:51.273	45.988	1:36.565	2:15.106	5:13.614
7	13:15:24.977	5:51.380	46.464	1:25.400	2:17.101	1:22.415	7	13:16:13.944	5:55.445	47.611	1:30.744	2:12.527	1:24.563
8	13:21:25.304	6:00.327	50.175	1:25.665	2:20.940	1:23.547	8	13:22:26.858	6:12.914	50.267	1:35.503	2:17.802	1:29.342
9	13:27:34.908	6:09.604	51.290	1:30.257	2:22.219	1:25.838	9	13:28:40.238	6:13.380	51.902	1:36.066	2:18.414	1:26.998
(941) Rob Hartog							(878) Jordy van der Sterren						



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 3

28.11.2015 12:30

Race (50:00 and 1 Laps) started at 12:31:10

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
1	12:36:17.613			1:23.555	2:08.902	1:20.135	1	12:36:25.002			1:26.768	2:14.586	1:20.594
2	12:42:06.473	5:48.860	44.508	1:28.678	2:14.924	1:20.750	2	12:42:23.193	5:58.191	43.966	1:28.572	2:22.423	1:23.230
3	12:48:03.730	5:57.257	46.245	1:29.287	2:17.689	1:24.036	3	12:48:35.892	6:12.699	46.919	1:31.830	2:29.569	1:24.381
4	12:53:59.026	5:55.296	45.892	1:29.115	2:16.676	1:23.613	4	12:54:49.452	6:13.560	49.431	1:36.215	2:24.065	1:23.849
5	13:04:34.908	10:35.882	49.321	1:30.393	2:22.843	5:53.325	5	13:04:58.206	10:08.754	47.717	1:30.283	2:28.340	5:22.414
6	13:10:36.417	6:01.509	48.975	1:29.500	2:17.093	1:25.941	6	13:11:04.696	6:06.490	47.541	1:29.758	2:21.604	1:27.587
7	13:16:43.847	6:07.430	51.467	1:29.889	2:20.668	1:25.406	7	13:17:18.743	6:14.047	50.652	1:31.579	2:26.038	1:25.778
8	13:22:45.150	6:01.303	49.441	1:30.357	2:16.227	1:25.278	8	13:23:39.225	6:20.482	51.240	1:29.302	2:31.600	1:28.340
9	13:28:44.769	5:59.619	49.426	1:27.340	2:17.986	1:24.867	9	13:29:51.205	6:11.980	50.883	1:33.336	2:22.501	1:25.260

(60) Busty Wolter							(1020) Randy van Mierlo						
1	12:36:23.880			1:30.989	2:09.462	1:18.756	1	12:36:35.891			1:26.484	2:21.517	1:22.465
2	12:42:03.264	5:39.384	41.195	1:30.095	2:10.284	1:17.810	2	12:42:35.715	5:59.824	46.858	1:30.698	2:20.170	1:22.098
3	12:48:02.949	5:59.685	47.650	1:31.767	2:16.708	1:23.560	3	12:48:36.838	6:01.123	45.214	1:28.883	2:23.492	1:23.534
4	12:54:22.107	6:19.158	51.877	1:32.466	2:16.965	1:37.850	4	12:54:47.958	6:11.120	51.023	1:30.693	2:24.392	1:25.012
5	13:04:14.779	9:52.672	48.072	1:32.025	2:26.482	5:06.093	5	13:04:37.695	9:49.737	49.867	1:31.801	2:35.354	4:52.715
6	13:10:10.543	5:55.764	45.297	1:28.514	2:16.182	1:25.771	6	13:10:54.901	6:17.206	50.495	1:29.368	2:28.880	1:28.463
7	13:16:23.706	6:13.163	49.578	1:33.122	2:18.173	1:32.290	7	13:17:15.270	6:20.369	50.537	1:31.141	2:32.691	1:26.000
8	13:22:45.407	6:21.701	50.233	1:37.055	2:24.177	1:30.236	8	13:23:41.808	6:26.538	53.528	1:32.741	2:31.586	1:28.683
9	13:28:57.199	6:11.792	49.325	1:32.405	2:22.209	1:27.853	9	13:30:04.383	6:22.575	51.831	1:34.833	2:27.782	1:28.129

(1041) Brad Bijtjes							(1028) Stefan Schra						
1	12:37:15.242			1:44.596	2:35.917	1:22.207	1	12:37:23.632			1:28.341	2:55.089	1:21.294
2	12:43:11.032	5:55.790	43.024	1:38.071	2:12.504	1:22.191	2	12:43:10.224	5:46.592	43.212	1:29.894	2:13.139	1:20.347
3	12:49:09.318	5:58.286	45.782	1:36.849	2:14.683	1:20.972	3	12:49:14.086	6:03.862	46.231	1:28.032	2:25.510	1:24.089
4	12:55:02.947	5:53.629	43.058	1:35.085	2:13.056	1:22.430	4	12:55:30.632	6:16.546	48.056	1:31.642	2:23.824	1:33.024
5	13:05:00.128	9:57.181	43.271	1:38.449	2:11.217	5:24.244	5	13:01:49.372	6:18.740	49.937	1:33.645	2:32.647	1:22.511
6	13:10:52.298	5:52.170	46.413	1:33.769	2:11.491	1:20.497	6	13:11:58.616	10:09.244	47.922	1:30.894	2:32.928	5:17.500
7	13:16:46.851	5:54.553	49.096	1:35.911	2:10.239	1:19.307	7	13:17:57.924	5:59.308	45.862	1:27.378	2:20.115	1:25.953
8	13:23:03.384	6:16.533	48.389	1:37.767	2:23.640	1:26.737	8	13:24:03.572	6:05.648	49.150	1:27.205	2:24.237	1:25.056
9	13:29:00.544	5:57.160	47.349	1:37.249	2:11.656	1:20.906	9	13:30:16.767	6:13.195	50.327	1:28.462	2:26.663	1:27.743

(1044) Ramon van Mil							(861) Arnold Smits						
1	12:36:31.697			1:31.825	2:09.052	1:22.423	1	12:36:39.133			1:32.966	2:21.447	1:21.295
2	12:42:29.192	5:57.495	43.791	1:28.923	2:19.057	1:25.724	2	12:42:24.958	5:45.825	42.641	1:31.248	2:11.335	1:20.601
3	12:48:35.543	6:06.351	46.177	1:27.900	2:23.131	1:29.143	3	12:48:04.806	5:39.848	40.953	1:28.627	2:12.705	1:17.563
4	12:54:35.480	5:59.937	46.099	1:28.363	2:19.278	1:26.197	4	12:59:37.296	11:32.490	44.723	1:29.298	2:18.728	6:59.741
5	13:00:36.665	6:01.185	47.980	1:25.865	2:20.295	1:27.045	5	13:05:36.405	5:59.109	46.603	1:30.679	2:20.661	1:21.166
6	13:06:37.959	6:01.294	47.169	1:25.730	2:21.012	1:27.383	6	13:11:44.276	6:07.871	46.140	1:31.793	2:28.193	1:21.745
7	13:16:35.514	9:57.555	48.871	1:25.168	2:32.617	5:10.899	7	13:17:45.330	6:01.054	47.596	1:33.994	2:16.882	1:22.582
8	13:22:47.843	6:12.329	48.071	1:29.649	2:25.079	1:29.530	8	13:24:03.572	6:13.616	51.256	1:34.913	2:23.062	1:24.385
9	13:29:05.463	6:17.620	49.627	1:28.875	2:27.551	1:31.567	9	13:30:19.412	6:20.466	51.261	1:35.364	2:25.352	1:28.489

(826) Menno Aussems							(834) Toon Verhoeven						
1	12:35:52.482			1:20.234	1:57.554	1:12.951	1	12:36:01.382			1:21.851	2:00.740	1:15.011
2	12:41:13.892	5:21.410	40.127	1:19.862	2:03.439	1:17.982	2	12:41:41.444	5:40.062	42.647	1:23.706	2:12.772	1:20.937
3	12:46:53.552	5:39.660	41.495	1:28.305	2:09.796	1:20.064	3	12:47:26.245	5:44.801	42.525	1:26.936	2:13.805	1:21.535
4	12:52:43.410	5:49.858	45.128	1:31.341	2:11.906	1:21.483	4	12:53:23.568	5:57.323	48.107	1:27.849	2:19.461	1:21.906
5	12:58:24.452	5:41.042	44.259	1:26.769	2:08.885	1:21.129	5	12:59:17.236	5:53.668	45.984	1:26.654	2:14.404	1:26.626
6	13:10:50.916	12:26.464	44.852	3:11.610	2:30.962	5:59.040	6	13:05:11.776	5:54.540	47.496	1:26.617	2:17.085	1:23.342
7	13:16:58.713	6:07.797	49.578	1:32.630	2:15.218	1:30.371	7	13:11:04.176	5:52.400	49.250	1:24.065	2:16.687	1:22.398
8	13:22:59.366	6:00.653	48.887	1:31.813	2:13.284	1:26.669	8	13:24:51.000	13:46.824	45.662	1:25.272	3:14.900	8:20.990
9	13:29:26.050	6:26.684	45.943	1:33.709	2:39.891	1:27.141	9	13:30:25.771	5:34.771	43.974	1:23.251	2:10.037	1:17.509

(38) Marcel Conijn							(1037) Ingmar Jeurissen						
1	12:36:09.445			1:25.759	2:03.970	1:17.587	1	12:36:41.406			1:28.338	2:18.984	1:23.604
2	12:41:54.425	5:44.980	42.839	1:29.632	2:10.164	1:22.345	2	12:42:48.057	6:06.651	45.392	1:33.043	2:23.501	1:24.715
3	12:47:37.473	5:43.048	42.180	1:26.157	2:13.360	1:21.351	3	12:48:46.146	5:58.089	45.711	1:27.215	2:21.380	1:23.783
4	12:56:37.691	9:00.218	45.174	1:27.717	2:11.188	4:36.139	4	12:54:51.247	6:05.101	47.349	1:28.391	2:25.934	1:23.427
5	13:02:30.216	5:52.525	47.192	1:29.299	2:12.745	1:23.289	5	13:05:20.753	10:29.506	55.690	1:29.314	2:33.694	5:30.808
6	13:08:23.273	5:53.057	47.901	1:30.625	2:12.712	1:21.819	6	13:11:34.332	6:13.579	51.750	1:27.874	2:30.737	1:23.218
7	13:14:21.345	5:58.072	47.166	1:30.910	2:17.754	1:22.242	7	13:17:40.953	6:06.621	50.778	1:26.860	2:26.477	1:22.506
8	13:20:27.550	6:06.205	50.143	1:31.763	2:16.542	1:27.757	8	13:23:50.771	6:09.818	51.560	1:24.833	2:28.258	1:25.167
9	13:29:42.052	9:14.502	51.984	1:41.319	2:18.442	4:22.757	9	13:30:31.950	6:41.179	55.160	1:30.077	2:37.999	1:37.943

(969) Ivan Schepers							(1006) Maik Hooghiem						
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RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 3

28.11.2015 12:30

Race (50:00 and 1 Laps) started at 12:31:10

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
1	12:36:51.528			1:37.033	2:32.326	1:17.319	1	12:37:01.889			1:37.057	2:23.997	1:25.135
2	12:42:36.153	5:44.625	41.038	1:34.860	2:12.172	1:16.555	2	12:43:06.191	6:04.302	45.579	1:29.703	2:21.981	1:27.039
3	12:48:29.472	5:53.319	42.760	1:35.880	2:14.114	1:20.565	3	12:49:23.350	6:17.159	48.567	1:32.526	2:27.434	1:28.632
4	12:54:37.185	6:07.713	46.348	1:40.357	2:14.018	1:26.990	4	12:59:29.235	10:05.885	49.116	1:33.593	2:29.759	5:13.417
5	13:05:40.120	11:02.935	1:03.676	1:41.162	2:38.636	5:39.461	5	13:05:52.842	6:23.607	49.259	1:32.339	2:32.562	1:29.447
6	13:11:47.746	6:07.626	47.116	1:37.249	2:19.871	1:23.390	6	13:12:19.576	6:26.734	51.040	1:30.749	2:35.480	1:29.465
7	13:18:05.568	6:17.822	50.970	1:38.875	2:22.994	1:24.983	7	13:18:46.542	6:26.966	52.761	1:31.863	2:30.713	1:31.629
8	13:24:30.818	6:25.250	53.726	1:41.195	2:22.961	1:27.368	8	13:25:19.620	6:33.078	51.829	1:33.340	2:33.362	1:34.547
9	13:30:51.579	6:20.761	48.889	1:40.248	2:22.436	1:29.188	9	13:31:52.264	6:32.644	54.012	1:32.894	2:34.395	1:31.343
(888) Scott Smit							(815) Twan Segers						
1	12:36:37.696			1:38.603	2:13.674	1:20.991	1	12:36:53.638			1:31.073	2:31.289	1:26.255
2	12:42:33.983	5:56.287	45.611	1:34.901	2:10.574	1:25.201	2	12:44:03.214	7:09.576	45.528	1:31.698	3:19.737	1:32.613
3	12:48:34.201	6:00.218	45.352	1:34.636	2:13.147	1:27.083	3	12:50:28.545	6:25.331	51.974	1:33.369	2:27.784	1:32.204
4	12:54:46.021	6:11.820	47.982	1:35.474	2:22.998	1:25.366	4	12:57:01.836	6:33.291	53.189	1:37.166	2:31.408	1:31.528
5	13:05:54.968	11:08.947	51.100	1:34.374	2:18.497	6:24.976	5	13:03:36.722	6:34.886	49.802	1:34.741	2:37.236	1:33.107
6	13:12:09.419	6:14.451	48.628	1:37.032	2:20.575	1:28.216	6	13:13:45.263	10:08.541	51.669	1:35.114	2:34.641	5:07.117
7	13:18:26.744	6:17.325	48.831	1:38.148	2:20.723	1:29.623	7	13:20:02.427	6:17.164	49.122	1:32.915	2:23.176	1:31.951
8	13:24:47.812	6:21.068	53.967	1:36.944	2:21.920	1:28.237	8	13:26:16.822	6:14.395	51.067	1:28.402	2:23.746	1:31.180
9	13:31:07.440	6:19.628	49.686	1:38.421	2:21.232	1:30.289	9	13:32:47.630	6:30.808	55.277	1:30.993	2:29.402	1:35.136
(957) Joey Schoonbergen							(1024) Hans Pol						
1	12:36:59.265			1:43.045	2:25.014	1:20.531	1	12:36:41.737			1:29.267	2:19.215	1:24.173
2	12:42:54.654	5:55.389	43.613	1:33.190	2:15.259	1:23.327	2	12:42:49.352	6:07.615	44.940	1:31.876	2:25.905	1:24.894
3	12:49:05.900	6:11.246	47.044	1:39.484	2:20.548	1:24.170	3	12:49:08.559	6:19.207	48.375	1:31.036	2:29.588	1:30.208
4	12:56:19.644	7:13.744	48.053	1:36.284	3:28.419	1:20.988	4	12:55:45.103	6:36.544	52.779	1:36.023	2:35.148	1:32.594
5	13:02:35.557	6:15.913	48.881	1:38.774	2:21.732	1:26.526	5	13:02:24.086	6:38.983	51.866	1:37.993	2:34.377	1:34.747
6	13:12:35.879	10:00.322	49.906	1:37.493	2:20.091	5:12.832	6	13:09:11.934	6:47.848	54.950	1:38.893	2:37.485	1:36.520
7	13:18:38.236	6:02.357	48.277	1:35.823	2:14.830	1:23.427	7	13:20:00.224	10:48.290	56.074	1:40.374	2:35.138	5:36.704
8	13:25:12.534	6:34.298	53.261	1:46.045	2:28.419	1:26.573	8	13:26:32.688	6:32.464	51.751	1:33.097	2:31.448	1:36.168
9	13:31:19.968	6:07.434	49.194	1:36.060	2:14.256	1:27.924	9	13:33:04.577	6:31.889	54.061	1:33.897	2:28.739	1:35.192
(964) Danny Lohr							(971) Bart Pijpers						
1	12:36:26.655			1:27.083	2:12.846	1:20.963	1	12:37:07.894			1:54.427	2:24.699	1:22.074
2	12:42:24.707	5:58.052	43.422	1:30.249	2:22.006	1:22.375	2	12:42:59.386	5:51.492	45.251	1:34.352	2:10.290	1:21.599
3	12:48:19.498	5:54.791	45.460	1:26.249	2:17.731	1:25.351	3	12:48:57.952	5:58.566	44.756	1:35.131	2:16.090	1:22.589
4	12:54:27.526	6:08.028	47.779	1:32.078	2:22.483	1:25.688	4	12:55:22.348	6:24.396	45.746	1:42.752	2:24.099	1:31.799
5	13:05:49.811	11:22.285	47.745	1:31.935	2:25.075	6:37.530	5	13:07:22.153	11:59.805	51.970	1:42.756	2:26.554	6:58.525
6	13:12:25.470	6:35.659	1:13.283	1:27.062	2:27.359	1:27.955	6	13:13:38.665	6:16.512	49.604	1:37.281	2:21.372	1:28.255
7	13:18:40.207	6:14.737	49.327	1:32.117	2:25.611	1:27.682	7	13:20:06.312	6:27.647	51.673	1:41.959	2:24.835	1:29.180
8	13:25:03.483	6:23.276	54.026	1:35.949	2:22.612	1:30.689	8	13:26:41.315	6:35.003	52.396	1:43.580	2:25.198	1:33.829
9	13:31:23.548	6:20.065	52.786	1:31.466	2:27.780	1:28.033	9	13:33:32.554	6:51.239	55.527	1:44.136	2:36.187	1:35.389
(923) Thijs Bulten							(1131) Dennis vd Broek						
1	12:36:45.902			1:26.916	2:30.725	1:23.825	1	12:37:11.016			1:36.930	2:30.991	1:25.695
2	12:42:52.273	6:06.371	47.221	1:30.428	2:24.568	1:24.154	2	12:43:24.023	6:13.007	46.328	1:32.740	2:25.929	1:28.010
3	12:48:58.872	6:06.599	47.155	1:28.148	2:25.748	1:25.548	3	12:49:49.604	6:25.581	49.881	1:36.817	2:26.543	1:32.340
4	12:55:05.484	6:06.612	47.312	1:29.376	2:20.090	1:29.834	4	12:56:36.247	6:46.643	54.180	1:37.147	2:40.302	1:35.014
5	13:01:25.411	6:19.927	46.157	1:31.811	2:31.191	1:30.768	5	13:06:57.573	10:21.326	53.325	1:36.926	2:40.559	5:10.516
6	13:11:12.873	9:47.462	48.019	1:31.208	2:28.732	4:59.503	6	13:13:43.111	6:45.538	54.386	1:35.801	2:38.748	1:36.603
7	13:18:22.664	7:09.791	1:11.505	1:31.407	2:48.738	1:38.141	7	13:20:28.491	6:45.380	56.355	1:35.746	2:36.709	1:36.570
8	13:24:58.361	6:35.697	52.851	1:35.434	2:35.898	1:31.514	8	13:27:13.560	6:45.069	56.637	1:37.542	2:38.170	1:32.720
9	13:31:32.513	6:34.152	52.893	1:34.453	2:33.658	1:33.148	9	13:34:04.892	6:51.332	55.740	1:37.295	2:41.989	1:36.308
(928) Dylan Schra							(30) Michel Gregoire						
1	12:36:43.719			1:35.163	2:20.872	1:21.168	1	12:36:42.245			1:26.335	2:29.661	1:21.557
2	12:42:48.651	6:04.932	45.161	1:31.465	2:22.371	1:25.935	2	12:42:31.371	5:49.126	42.429	1:26.820	2:18.388	1:21.489
3	12:49:41.437	6:52.786	47.107	1:30.879	2:28.536	2:06.264	3	12:48:34.029	6:02.658	47.529	1:28.043	2:21.761	1:25.325
4	12:56:10.370	6:28.933	48.928	1:35.887	2:30.609	1:33.509	4	13:01:14.356	12:40.327	48.699	1:33.525	2:28.637	7:49.466
5	13:02:39.885	6:29.515	49.893	1:34.838	2:32.498	1:32.286	5	13:07:42.360	6:28.004	51.439	1:35.520	2:34.485	1:26.560
6	13:12:06.785	9:26.900	50.206	1:32.547	2:31.102	4:33.045	6	13:14:10.154	6:27.794	49.501	1:32.249	2:36.007	1:30.037
7	13:18:37.290	6:30.505	51.688	1:35.142	2:29.916	1:33.759	7	13:20:48.626	6:38.472	53.737	1:31.371	2:40.128	1:33.236
8	13:25:16.355	6:39.065	54.862	1:38.372	2:31.718	1:34.113	8	13:27:32.714	6:44.088	56.433	1:38.104	2:35.166	1:34.385
9	13:31:50.566	6:34.211	51.911	1:37.693	2:29.020	1:35.587							
(965) Jacob de Booij							(1088) Kevin Schonenberg						
1	12:36:47.857						1	12:36:47.857			1:36.804	2:18.364	1:21.948

Official Timing mwraceconsulting.com

Orbits

Timekeeping Meik Wagner:

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RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 3

28.11.2015 12:30

Race (50:00 and 1 Laps) started at 12:31:10

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
2	12:42:42.410	5:54.553	40.781	1:32.030	2:18.141	1:23.601	8	13:28:41.735	6:43.203	53.215	1:38.535	2:35.785	1:35.668
3	12:48:58.513	6:16.103	46.502	1:34.935	2:24.718	1:29.948	(840) Klaas van Woudenberg						
4	13:01:57.523	12:59.010	45.373	1:36.860	2:30.764	8:06.013	1	12:37:23.461			1:38.277	2:43.399	1:34.441
5	13:08:17.419	6:19.896	48.822	1:32.428	2:28.313	1:30.333	2	12:43:58.650	6:35.189	52.749	1:35.099	2:36.464	1:30.877
6	13:14:38.237	6:20.818	49.831	1:35.056	2:26.571	1:29.360	3	12:50:25.929	6:27.279	52.035	1:32.499	2:32.083	1:30.662
7	13:21:07.518	6:29.281	49.097	1:38.519	2:27.401	1:34.264	4	12:57:10.710	6:44.781	53.026	1:33.331	2:39.574	1:38.850
8	13:27:42.949	6:35.431	53.975	1:37.674	2:33.607	1:30.175	5	13:03:52.909	6:42.199	54.425	1:32.072	2:38.667	1:37.035
(886) Jos Setz							6	13:10:47.305	6:54.396	56.208	1:32.939	2:45.944	1:39.305
1	12:37:10.561			1:42.299	2:34.962	1:27.543	7	13:17:46.953	6:59.648	54.259	1:42.685	2:40.387	1:42.317
2	12:43:49.302	6:38.741	49.121	1:35.603	2:44.338	1:29.679	8	13:28:52.280	11:05.327	55.929	1:30.877	2:51.164	5:47.357
3	12:50:30.431	6:41.129	51.511	1:39.702	2:40.834	1:29.082	(1063) Rob Moonen						
4	12:57:00.301	6:29.870	47.606	1:41.760	2:31.351	1:29.153	1	12:36:56.758			1:30.008	2:33.787	1:26.037
5	13:03:31.124	6:30.823	47.311	1:42.736	2:29.533	1:31.243	2	12:43:24.808	6:28.050	47.162	1:33.700	2:41.526	1:25.662
6	13:14:47.700	11:16.576	48.903	1:44.520	2:41.358	6:01.795	3	12:55:34.980	12:10.172	47.606	1:35.814	2:24.119	7:22.633
7	13:21:08.573	6:20.873	50.177	1:37.703	2:24.179	1:28.814	4	13:01:53.775	6:18.795	49.676	1:34.180	2:25.843	1:29.096
8	13:27:45.644	6:37.071	54.925	1:41.331	2:29.108	1:31.707	5	13:08:29.460	6:35.685	49.445	1:36.814	2:40.959	1:28.467
(859) Nicky Reijnen							6	13:14:57.433	6:27.973	52.373	1:35.190	2:27.900	1:32.510
1	12:37:05.971			1:37.226	2:31.644	1:33.544	7	13:22:21.764	7:24.331	52.698	2:07.192	2:54.234	1:30.207
2	12:43:35.189	6:29.218	48.471	1:40.391	2:28.997	1:31.359	8	13:28:52.540	6:30.776	51.450	1:33.072	2:35.469	1:30.785
3	12:50:08.654	6:33.465	49.605	1:39.890	2:29.240	1:34.730	(992) Matthijs Taconis						
4	12:57:08.682	7:00.028	1:07.264	1:38.220	2:36.944	1:37.600	1	12:37:03.207			1:43.593	2:27.722	1:26.565
5	13:03:46.932	6:38.250	55.078	1:34.855	2:32.241	1:36.076	2	12:44:16.775	7:13.568	48.904	1:41.688	3:12.915	1:30.061
6	13:14:26.135	10:39.203	54.961	1:37.309	2:34.433	5:32.500	3	12:50:42.349	6:25.574	51.107	1:36.501	2:27.712	1:30.254
7	13:20:57.318	6:31.183	52.848	1:36.241	2:24.260	1:37.834	4	12:57:19.088	6:36.739	56.974	1:35.497	2:31.070	1:33.198
8	13:27:46.101	6:48.783	56.650	1:37.575	2:32.179	1:42.379	5	13:08:36.215	11:17.127	51.346	1:36.249	2:40.760	6:08.772
(1115) Rob Pas							6	13:15:19.646	6:43.431	52.382	1:40.252	2:35.861	1:34.936
1	12:37:24.365			1:45.580	2:35.284	1:28.312	7	13:22:03.477	6:43.831	54.726	1:38.672	2:34.911	1:35.522
2	12:43:52.388	6:28.023	48.914	1:38.774	2:30.092	1:30.243	8	13:28:55.681	6:52.204	55.696	1:38.147	2:37.603	1:40.758
3	12:50:16.102	6:23.714	50.014	1:39.072	2:27.735	1:26.893	(818) Richard van denHeuvel						
4	12:56:45.751	6:29.649	50.032	1:38.853	2:31.495	1:29.269	1	12:37:16.216			1:38.608	2:31.183	1:42.296
5	13:03:19.646	6:33.895	48.496	1:38.903	2:34.514	1:31.982	2	12:43:42.363	6:26.147	49.924	1:32.393	2:35.217	1:28.613
6	13:14:35.321	11:15.675	53.693	1:38.799	2:41.058	6:02.125	3	12:50:17.219	6:34.856	50.808	1:37.774	2:31.221	1:35.053
7	13:21:17.915	6:42.594	53.464	1:37.050	2:38.839	1:33.241	4	13:02:15.647	11:58.428	52.604	1:39.061	2:39.516	6:47.247
8	13:27:57.106	6:39.191	54.561	1:38.189	2:33.187	1:33.254	5	13:09:00.226	6:44.579	52.649	1:34.570	2:42.727	1:34.633
(1085) Stefan Baartman							6	13:15:35.035	6:34.809	51.488	1:40.098	2:29.196	1:34.027
1	12:36:54.706			1:30.781	2:27.046	1:29.010	7	13:22:12.121	6:37.086	51.945	1:35.416	2:34.445	1:35.280
2	12:43:22.654	6:27.948	47.116	1:33.872	2:32.733	1:34.227	8	13:28:57.018	6:44.897	55.720	1:36.894	2:36.729	1:35.554
3	12:49:54.737	6:32.083	53.021	1:35.226	2:32.665	1:31.171	(985) Joost Ruiterkamp						
4	12:56:32.411	6:37.674	48.938	1:43.492	2:36.049	1:29.195	1	12:37:05.611			1:31.332	2:36.399	1:31.451
5	13:07:45.099	11:12.688	53.151	1:36.606	2:33.018	6:09.913	2	12:43:44.471	6:38.860	50.949	1:36.536	2:37.178	1:34.197
6	13:14:11.430	6:26.331	50.290	1:31.469	2:31.918	1:32.654	3	12:50:38.944	6:54.473	53.046	1:39.635	2:43.383	1:38.409
7	13:21:05.453	6:54.023	56.272	1:32.579	2:46.886	1:38.286	4	12:57:29.282	6:50.338	53.715	1:44.859	2:38.066	1:33.698
8	13:28:10.798	7:05.345	1:03.923	1:39.236	2:44.001	1:38.185	5	13:04:18.085	6:48.803	54.112	1:41.540	2:36.147	1:37.004
(926) Tom van Laar							6	13:15:25.613	11:07.528	56.046	1:38.314	2:36.442	5:56.726
1	12:37:20.864			1:43.030	2:40.624	1:31.092	7	13:22:10.388	6:44.775	54.540	1:37.288	2:35.532	1:37.415
2	12:44:02.339	6:41.475	51.602	1:41.853	2:34.943	1:33.077	8	13:28:57.172	6:46.784	56.600	1:40.090	2:36.780	1:33.314
3	12:50:48.273	6:45.934	52.747	1:41.197	2:39.575	1:32.415	(854) Ronald Nicola						
4	13:01:41.470	10:53.197	50.686	1:45.178	2:43.662	5:33.671	1	12:37:00.732			1:41.571	2:22.190	1:30.440
5	13:08:24.302	6:42.832	49.947	1:40.378	2:40.241	1:32.266	2	12:43:26.928	6:26.196	50.008	1:38.883	2:27.028	1:30.277
6	13:15:05.268	6:40.966	49.985	1:40.953	2:42.789	1:27.239	3	12:50:09.606	6:42.678	49.659	1:42.488	2:35.892	1:34.639
7	13:21:45.770	6:40.502	51.599	1:41.412	2:34.859	1:32.632	4	13:01:06.070	10:56.464	53.438	1:45.328	2:33.327	5:44.371
8	13:28:33.790	6:48.020	55.174	1:43.788	2:36.468	1:32.590	5	13:08:03.505	6:57.435	56.433	1:42.544	2:37.289	1:41.169
(889) Rolf Middelburg							6	13:14:56.015	6:52.510	55.260	1:45.617	2:34.123	1:37.510
1	12:37:09.526			1:39.943	2:32.369	1:28.636	7	13:21:55.333	6:59.318	53.956	1:45.851	2:41.841	1:37.670
2	12:43:37.401	6:27.875	48.962	1:38.025	2:31.102	1:29.786	8	13:28:58.614	7:03.281	59.168	1:39.997	2:43.755	1:40.361
3	12:50:08.821	6:31.420	50.840	1:36.911	2:30.726	1:32.943	(944) Bob van Tulder						
4	12:57:27.052	7:18.231	51.467	1:34.341	3:17.673	1:34.750	1	12:36:48.216			1:33.526	2:23.572	1:24.691
5	13:08:02.091	10:35.039	54.143	1:38.413	2:36.413	5:26.070	2	12:42:57.572	6:09.356	43.939	1:36.852	2:25.584	1:22.981
6	13:15:17.497	7:15.406	51.417	1:37.428	2:38.667	2:07.894	3	12:49:28.871	6:31.299	49.830	1:38.982	2:30.468	1:32.019
7	13:21:58.532	6:41.035	54.149	1:39.358	2:35.095	1:32.433							



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 3

28.11.2015 12:30

Race (50:00 and 1 Laps) started at 12:31:10

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
4	13:01:27.406	11:58.535	51.791	1:36.413	2:49.336	6:40.995	(1098) Freekie van Wout						
5	13:08:00.492	6:33.086	53.961	1:35.613	2:29.329	1:34.183	1	12:37:43.713			1:43.453	2:50.279	1:33.414
6	13:14:45.207	6:44.715	53.521	1:38.491	2:39.635	1:33.068	2	12:44:29.039	6:45.326	48.890	1:42.389	2:39.054	1:34.993
7	13:21:37.317	6:52.110	54.740	1:38.417	2:42.429	1:36.524	3	12:55:21.161	10:52.122	52.533	1:42.460	2:41.015	5:36.114
8	13:28:59.703	7:22.386	55.954	1:37.745	3:14.066	1:34.621	4	13:02:08.807	6:47.646	53.520	1:36.563	2:38.247	1:39.316
(853) Jarno errens							5	13:08:59.081	6:50.274	55.037	1:35.167	2:41.770	1:38.300
1	12:38:29.310			2:27.529	3:14.301	1:23.961	6	13:16:03.415	7:04.334	55.776	1:41.473	2:45.831	1:41.254
2	12:44:40.872	6:11.562	50.608	1:38.005	2:16.232	1:26.717	7	13:23:02.002	6:58.587	54.504	1:40.784	2:42.872	1:40.427
3	12:54:33.227	9:52.355	52.780	1:44.592	2:25.240	4:49.743	8	13:30:07.887	7:05.885	58.946	1:39.546	2:45.171	1:42.222
4	13:01:24.084	6:50.857	52.081	1:36.847	2:46.921	1:35.008	(961) Ralph Nabuurs						
5	13:08:06.062	6:41.978	56.024	1:48.761	2:26.437	1:30.756	1	12:37:36.094			1:49.998	2:44.381	1:29.536
6	13:14:57.673	6:51.611	57.845	1:43.634	2:32.799	1:37.333	2	12:44:25.504	6:49.410	52.614	1:41.567	2:42.800	1:32.429
7	13:21:37.866	6:40.193	56.698	1:47.433	2:24.756	1:31.306	3	12:51:14.312	6:48.808	54.262	1:38.896	2:40.518	1:35.132
8	13:29:13.538	7:35.672	53.480	1:44.112	3:30.162	1:27.918	4	12:58:06.414	6:52.102	54.818	1:37.511	2:43.979	1:35.794
(1002) Matthijs Broersma							5	13:05:05.081	6:58.667	54.858	1:37.557	2:46.740	1:39.512
1	12:37:34.692			1:49.509	2:42.185	1:32.206	6	13:12:05.029	6:59.948	54.017	1:39.047	2:48.626	1:38.258
2	12:44:12.042	6:37.350	51.234	1:39.159	2:32.095	1:34.862	7	13:23:28.726	11:23.697	53.074	2:28.040	2:38.845	5:23.738
3	12:50:53.271	6:41.229	54.081	1:38.632	2:33.231	1:35.285	8	13:30:38.439	7:09.713	57.286	1:37.791	2:43.198	1:51.438
4	12:57:36.081	6:42.810	53.212	1:39.021	2:32.521	1:38.056	(1077) Michel Reins						
5	13:08:22.171	10:46.090	55.714	1:43.289	2:37.379	5:29.708	1	12:37:06.677			1:33.363	2:35.331	1:27.535
6	13:15:12.694	6:50.523	55.137	1:38.665	2:34.472	1:42.249	2	12:44:07.176	7:00.499	48.692	1:31.725	2:54.243	1:45.839
7	13:22:21.774	7:09.080	1:02.006	1:37.962	2:47.087	1:42.025	3	12:55:21.367	11:14.191	53.138	1:29.859	2:52.967	5:58.227
8	13:29:19.609	6:57.835	56.321	1:40.938	2:41.252	1:39.324	4	13:02:02.911	6:41.544	54.618	1:31.359	2:41.601	1:33.966
(1064) Ruud van den Bergh							5	13:08:49.036	6:46.125	50.164	1:28.476	2:53.718	1:33.767
1	12:36:46.507			1:32.163	2:19.051	1:26.218	6	13:16:17.150	7:28.114	57.808	2:03.762	2:47.791	1:38.753
2	12:43:03.703	6:17.196	45.993	1:33.876	2:26.613	1:30.714	7	13:23:40.848	7:23.698	55.868	1:34.665	3:06.324	1:46.841
3	12:49:32.222	6:28.519	50.181	1:32.131	2:32.533	1:33.674	8	13:30:41.966	7:01.118	59.213	1:35.330	2:48.369	1:38.206
4	12:56:16.807	6:44.585	50.927	1:38.622	2:38.600	1:36.436	(881) Peter van Wijlen						
5	13:08:34.113	12:17.306	51.854	1:38.319	3:09.357	6:37.776	1	12:38:33.148				2:35.199	1:26.177
6	13:15:30.931	6:56.818	55.767	1:36.517	2:46.186	1:38.348	2	12:44:40.666	6:07.518	49.853	1:25.795	2:25.708	1:26.162
7	13:22:23.462	6:52.531	55.211	1:37.978	2:38.300	1:41.042	3	12:57:55.818	13:15.152	45.356	1:31.187	2:35.503	8:23.106
8	13:29:20.472	6:57.010	54.396	1:40.079	2:42.825	1:39.710	4	13:04:07.022	6:11.204	48.914	1:30.322	2:23.705	1:28.263
(920) Jaap van de Rijt							5	13:10:22.635	6:15.613	49.448	1:34.126	2:21.934	1:30.105
1	12:37:11.811			1:32.672	2:44.975	1:27.356	6	13:17:53.014	7:30.379	1:59.940	1:30.955	2:29.857	1:29.627
2	12:43:38.426	6:26.615	47.673	1:37.057	2:31.833	1:30.052	7	13:24:18.109	6:25.095	52.878	1:29.611	2:33.443	1:29.163
3	12:50:21.648	6:43.222	49.079	1:36.530	2:44.793	1:32.820	8	13:30:45.638	6:27.529	52.601	1:31.830	2:30.815	1:32.283
4	12:57:11.652	6:50.004	53.818	1:42.242	2:35.282	1:38.662	(822) Marco van Geel						
5	13:08:48.147	11:36.495	52.366	1:40.745	2:50.776	6:12.608	1	12:37:16.300			1:38.963	2:37.246	1:33.585
6	13:15:56.472	7:08.325	52.017	1:38.246	3:01.909	1:36.153	2	12:44:23.985	7:07.685	50.155	1:59.692	2:43.085	1:34.753
7	13:23:01.466	7:04.994	55.110	1:42.232	2:44.455	1:43.197	3	12:51:21.566	6:57.581	54.134	1:44.390	2:42.462	1:36.595
8	13:30:04.161	7:02.695	54.345	1:41.207	2:47.390	1:39.753	4	12:58:32.708	7:11.142	53.353	1:51.025	2:45.265	1:41.499
(874) Sjoerd Eskes							5	13:09:18.745	10:46.037	58.693	1:46.805	2:42.516	5:18.023
1	12:37:18.496			1:42.157	2:39.659	1:29.585	6	13:16:45.217	7:26.472	1:14.223	1:42.664	2:46.847	1:42.738
2	12:43:57.129	6:38.633	49.142	1:38.621	2:40.995	1:29.875	7	13:23:46.269	7:01.052	55.117	1:43.874	2:41.039	1:41.022
3	12:50:34.345	6:37.216	51.039	1:40.201	2:36.176	1:29.800	8	13:30:47.682	7:01.413	57.345	1:43.032	2:38.458	1:42.578
4	12:57:24.753	6:50.408	56.190	1:43.216	2:36.835	1:34.167	(1055) Nick van Dompzelaar						
5	13:09:07.743	11:42.990	50.434	1:39.413	2:43.777	6:29.366	1	12:37:15.460			1:38.020	2:38.784	1:25.423
6	13:16:15.177	7:07.434	50.772	1:42.201	2:59.830	1:34.631	2	12:44:22.938	7:07.478	50.102	1:55.289	2:53.640	1:28.447
7	13:23:04.485	6:49.308	52.085	1:41.061	2:39.615	1:36.547	3	12:50:45.322	6:22.384	48.947	1:36.584	2:27.212	1:29.641
8	13:30:04.468	6:59.983	53.369	1:46.457	2:43.386	1:36.771	4	13:03:10.956	12:25.634	49.594	1:36.794	2:22.996	7:36.250
(924) Thimo Vogelsangs							5	13:09:47.787	6:36.831	53.753	1:36.523	2:36.550	1:30.005
1	12:37:13.606			1:38.616	2:35.171	1:30.048	6	13:16:27.713	6:39.926	56.044	1:39.486	2:35.925	1:28.471
2	12:43:48.182	6:34.576	48.583	1:31.330	2:42.079	1:32.584	7	13:23:09.341	6:41.628	51.327	1:37.794	2:36.239	1:36.268
3	12:54:14.857	10:26.675	53.186	1:40.759	2:44.093	5:08.637	8	13:30:56.865	7:47.524	54.478	1:44.053	3:35.769	1:33.224
4	13:00:51.014	6:36.157	54.253	1:38.875	2:26.464	1:36.565	(1117) Ferry Solleveld						
5	13:08:15.730	7:24.716	56.595	1:40.754	3:05.679	1:41.688	1	12:37:44.969			1:47.547	2:48.337	1:33.343
6	13:16:11.920	7:56.190	59.607	1:38.504	3:35.949	1:42.130	2	12:44:20.289	6:35.320	50.670	1:36.204	2:38.300	1:30.146
7	13:23:12.524	7:00.604	55.164	1:36.175	2:47.880	1:41.385	3	12:55:39.732	11:19.443	53.833	1:30.227	2:44.098	6:11.285
8	13:30:06.674	6:54.150	56.394	1:37.458	2:41.709	1:38.589	4	13:02:20.533	6:40.801	52.586	1:29.860	2:42.710	1:35.645
							5	13:09:29.655	7:09.122	57.224	1:31.865	2:58.617	1:41.416



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 3

28.11.2015 12:30

Race (50:00 and 1 Laps) started at 12:31:10

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
6	13:16:43.040	7:13.385	1:01.738	1:30.680	2:57.751	1:43.216	2	12:44:32.598	6:59.561	49.578	1:32.243	3:02.299	1:35.441
7	13:23:50.713	7:07.673	1:01.728	1:32.362	2:52.114	1:41.469	3	12:51:31.007	6:58.409	51.957	1:38.264	2:49.057	1:39.131
8	13:31:05.866	7:15.153	1:00.518	1:34.236	2:54.752	1:45.647	4	12:58:25.157	6:54.150	52.192	1:42.546	2:44.354	1:35.058
(1108) Barry Smal							5	13:05:26.085	7:00.928	58.022	1:36.628	2:46.532	1:39.746
1	12:38:02.558			1:58.758	2:47.844	1:36.170	6	13:18:43.401	13:17.316	57.648	1:38.882	2:45.005	7:55.781
2	12:45:09.277	7:06.719	53.820	1:44.492	2:46.637	1:41.770	7	13:25:39.996	6:56.595	53.732	1:38.412	2:51.734	1:32.717
3	12:52:03.785	6:54.508	52.829	1:44.837	2:40.423	1:36.419	8	13:32:43.920	7:03.924	56.385	1:38.829	2:49.477	1:39.233
4	12:59:09.411	7:05.626	57.025	1:45.739	2:43.235	1:39.627	(922) Mark Helmhout						
5	13:10:16.718	11:07.307	55.194	1:50.230	2:42.745	5:39.138	1	12:37:29.054			1:40.209	2:45.634	1:31.260
6	13:17:14.883	6:58.165	50.801	1:43.848	2:35.147	1:48.369	2	12:44:26.330	6:57.276	53.978	1:41.292	2:43.800	1:38.206
7	13:24:08.585	6:53.702	54.489	1:46.040	2:31.832	1:41.341	3	12:51:32.402	7:06.072	58.114	1:41.896	2:46.114	1:39.948
8	13:31:13.918	7:05.333	55.091	1:47.658	2:37.568	1:45.016	4	12:58:33.652	7:01.250	59.879	1:40.289	2:42.059	1:39.023
(820) Maikel van den Heuvel							5	13:10:19.584	11:45.932	56.310	1:41.346	4:21.653	4:46.623
1	12:37:21.466			1:51.176	2:33.118	1:30.568	6	13:17:38.065	7:18.481	58.815	1:37.953	2:53.292	1:48.421
2	12:44:01.921	6:40.455	49.205	1:44.246	2:34.887	1:32.117	7	13:25:10.626	7:32.561	1:03.764	1:44.113	2:56.354	1:48.330
3	12:50:53.689	6:51.768	50.805	1:49.973	2:39.935	1:31.055	8	13:32:45.495	7:34.869	1:05.823	1:44.228	3:02.387	1:42.431
4	13:03:43.115	12:49.426	52.388	1:55.789	2:34.582	7:26.667	(1067) Christian Broersma						
5	13:10:35.245	6:52.130	51.808	1:49.125	2:36.938	1:34.259	1	12:37:07.652			1:33.199	2:30.869	1:29.972
6	13:17:32.342	6:57.097	52.217	1:53.038	2:36.976	1:34.866	2	12:43:31.847	6:24.195	46.931	1:31.521	2:34.970	1:30.773
7	13:24:32.844	7:00.502	52.732	1:51.298	2:38.657	1:37.815	3	12:50:03.751	6:31.904	52.405	1:34.189	2:34.331	1:30.979
8	13:31:30.943	6:58.099	53.373	1:55.465	2:33.033	1:36.228	4	12:56:33.585	6:29.834	52.754	1:31.338	2:33.383	1:32.359
(887) Geert Mulder							5	13:07:59.142	11:25.557	54.746	2:06.880	2:36.669	5:47.262
1	12:36:58.210			1:28.372	2:31.639	1:30.813	6	13:14:35.380	6:36.238	54.308	1:35.119	2:35.987	1:30.824
2	12:43:51.232	6:53.022	51.034	1:43.567	2:40.370	1:38.051	7	13:21:21.744	6:46.364	53.116	1:35.404	2:39.164	1:38.680
3	12:51:18.897	7:27.665	59.699	1:41.837	3:08.121	1:38.008	8	13:32:54.115	11:32.371	57.488	1:35.948	2:41.939	6:16.996
4	12:58:46.503	7:27.606	57.094	2:04.464	2:46.248	1:39.800	(1083) Tinus Timmer						
5	13:05:56.927	7:10.424	57.091	1:42.283	2:47.916	1:43.134	1	12:37:20.600			1:44.284	2:35.467	1:29.103
6	13:13:09.790	7:12.863	58.320	1:39.963	2:49.770	1:44.810	2	12:43:47.975	6:27.375	48.578	1:33.331	2:32.592	1:32.874
7	13:24:33.777	11:23.987	58.706	1:41.678	2:52.353	5:51.250	3	12:50:38.525	6:50.550	56.654	1:40.619	2:39.613	1:33.664
8	13:31:41.285	7:07.508	57.251	1:38.127	2:47.980	1:44.150	4	12:58:23.117	7:44.592	53.790	1:30.706	3:46.171	1:33.925
(1011) Mika Eikens							5	13:12:04.445	13:41.328	58.016	1:31.673	2:55.805	8:15.834
1	12:36:48.029			1:36.996	2:19.323	1:22.320	6	13:18:58.716	6:54.271	58.517	1:46.129	2:36.822	1:32.803
2	12:42:53.985	6:05.956	45.071	1:38.641	2:17.628	1:24.616	7	13:26:06.275	7:07.559	57.571	1:44.788	2:45.847	1:39.353
3	12:49:07.557	6:13.572	47.385	1:42.813	2:17.367	1:26.007	8	13:33:09.321	7:03.046	1:01.173	1:39.136	2:41.949	1:40.788
4	13:01:23.169	12:15.612	48.640	1:46.825	2:21.748	7:18.399	(899) Sven van Cooten						
5	13:07:10.123	5:46.954	42.660	1:31.850	2:10.292	1:22.152	1	12:37:46.248			2:00.204	2:45.439	1:28.621
6	13:19:22.081	12:11.958	46.158	1:39.538	3:03.276	6:42.986	2	12:44:32.005	6:45.757	52.094	1:49.947	2:31.173	1:32.543
7	13:25:42.886	6:20.805	46.942	1:35.395	2:28.486	1:29.982	3	12:51:46.695	7:14.690	50.932	1:54.124	2:53.291	1:36.343
8	13:31:58.368	6:15.482	50.542	1:38.732	2:18.791	1:27.417	4	13:03:10.481	11:23.786	53.027	1:50.880	2:44.174	5:55.705
(939) Maik Steenbakkens							5	13:10:50.271	7:39.790	54.189	1:45.867	3:20.535	1:39.199
1	12:38:27.557			1:44.339	3:38.852	1:33.753	6	13:18:20.191	7:29.920	55.635	1:56.982	2:52.086	1:45.217
2	12:45:10.272	6:42.715	51.122	1:40.889	2:36.881	1:33.823	7	13:25:36.199	7:16.008	56.245	1:56.941	2:39.662	1:43.160
3	12:52:08.764	6:58.492	53.468	1:42.609	2:41.677	1:40.738	8	13:33:11.627	7:35.428	59.283	1:54.131	2:52.661	1:49.353
4	12:59:15.912	7:07.148	53.434	1:44.574	2:46.678	1:42.462	(894) Ricardo van der Star						
5	13:10:57.366	11:41.454	55.305	1:44.521	2:46.257	6:15.371	1	12:40:37.310			1:38.456	2:23.834	1:28.957
6	13:17:44.210	6:46.844	54.788	1:38.634	2:34.309	1:39.113	2	12:47:35.980	6:58.670	57.712	1:44.052	2:45.035	1:31.871
7	13:24:38.441	6:54.231	55.314	1:38.789	2:38.578	1:41.550	3	12:54:32.353	6:56.373	52.079	1:44.970	2:47.312	1:32.012
8	13:32:14.847	7:36.406	57.203	1:43.446	2:53.707	2:02.050	4	13:05:11.161	10:38.808	55.782	1:43.494	2:43.457	5:16.075
(942) Bart Pannekoek							5	13:12:03.134	6:51.973	55.120	1:43.229	2:44.779	1:28.845
1	12:37:30.087			1:47.485	2:37.044	1:32.782	6	13:19:03.309	7:00.175	54.945	1:44.781	2:47.722	1:32.727
2	12:44:03.449	6:33.362	49.242	1:41.577	2:25.774	1:36.769	7	13:26:11.962	7:08.653	54.241	1:48.287	2:47.957	1:38.168
3	12:50:50.457	6:47.008	54.377	1:40.564	2:36.638	1:35.429	8	13:33:16.374	7:04.412	56.434	1:45.083	2:46.452	1:36.443
4	12:57:37.476	6:47.019	51.923	1:44.800	2:35.861	1:34.435	(1069) Johan Lever						
5	13:04:41.301	7:03.825	55.723	1:50.709	2:38.807	1:38.586	1	12:38:06.162				3:06.007	1:36.649
6	13:17:44.842	13:03.541	54.551	1:47.090	2:42.097	7:39.803	2	12:45:07.735	7:01.573	51.943	1:46.114	2:47.052	1:36.464
7	13:24:39.596	6:54.754	57.165	1:47.674	2:35.399	1:34.516	3	12:52:22.973	7:15.238	55.491	1:47.551	2:48.835	1:43.361
8	13:32:30.338	7:50.742	56.340	1:47.698	3:24.354	1:42.350	4	13:03:25.750	11:02.777	57.102	1:47.965	2:53.071	5:24.639
(1114) Eric van Leeuwen							5	13:10:46.936	7:21.186	1:00.845	1:49.274	2:47.135	1:43.932
1	12:37:33.037			1:37.968	2:48.028	1:30.521	6	13:18:12.083	7:25.147	1:00.472	1:50.140	2:50.883	1:43.652
							7	13:25:39.422	7:27.339	1:00.541	1:49.821	2:52.304	1:44.673



RBKO Den Haag

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Scheveningen 5,000 Km

Heat 3

28.11.2015 12:30

Race (50:00 and 1 Laps) started at 12:31:10

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
8	13:33:18.426	7:39.004	1:02.987	1:54.458	2:57.613	1:43.946	4	13:03:50.908	11:52.844	55.248	1:52.830	2:52.527	6:12.239
(1016) Floris van Laar							5	13:10:59.642	7:08.734	53.091	1:46.805	2:47.661	1:41.177
1	12:38:28.695			1:52.105	3:16.527	1:45.353	6	13:18:28.118	7:28.476	57.979	1:51.393	2:52.866	1:46.238
2	12:45:24.808	6:56.113	57.959	1:49.497	2:32.684	1:35.973	7	13:26:24.178	7:56.060	1:02.410	2:02.477	3:09.225	1:41.948
3	12:52:19.159	6:54.351	52.655	1:48.202	2:35.400	1:38.094	8	13:33:47.365	7:23.187	1:01.200	1:45.384	2:53.910	1:42.693
4	13:03:06.467	10:47.308	54.965	1:50.241	2:37.971	5:24.131	(998) Luuk Simons						
5	13:10:43.836	7:37.369	54.200	2:01.846	3:03.648	1:37.675	1	12:37:41.282			1:48.070	2:50.430	1:34.265
6	13:18:21.396	7:37.560	58.272	1:52.674	3:05.098	1:41.516	2	12:44:36.183	6:54.901	56.289	1:38.994	2:51.009	1:28.609
7	13:26:11.648	7:50.252	58.660	1:57.050	3:10.852	1:43.690	3	12:51:20.254	6:44.071	54.004	1:38.439	2:38.490	1:33.138
8	13:33:24.876	7:13.228	59.584	1:52.630	2:34.519	1:46.495	4	13:04:10.508	12:50.254	50.038	1:42.787	3:12.221	7:05.208
(817) Bert Giesen							5	13:11:21.545	7:11.037	1:20.464	1:38.719	2:32.795	1:39.059
1	12:38:07.897			1:42.937	3:12.269	1:47.990	6	13:18:36.043	7:14.498	59.340	1:44.605	2:33.175	1:57.378
2	12:44:45.324	6:37.427	50.402	1:44.167	2:28.574	1:34.284	7	13:26:09.007	7:32.964	58.338	1:39.626	3:11.064	1:43.936
3	12:51:44.185	6:58.861	49.978	1:43.301	2:48.806	1:36.776	8	13:33:48.843	7:39.836	1:00.660	1:46.265	3:07.927	1:44.984
4	13:03:40.297	11:56.112	1:21.641	1:42.362	2:33.267	6:18.842	(1079) Danny Kuhnén						
5	13:10:27.354	6:47.057	50.810	1:42.492	2:36.535	1:37.220	1	12:38:14.515			1:54.018	3:01.613	1:44.235
6	13:18:23.341	7:55.987	55.049	1:46.152	3:35.580	1:39.206	2	12:45:23.893	7:09.378	55.538	1:41.249	2:49.214	1:43.377
7	13:25:32.579	7:09.238	57.299	1:46.467	2:43.667	1:41.805	3	12:56:27.159	11:03.266	57.162	1:40.121	2:52.552	5:33.431
8	13:33:26.726	7:54.147	1:24.870	1:44.853	3:03.564	1:40.860	4	13:03:55.757	7:28.598	56.141	1:47.622	2:53.313	1:51.522
(819) Sonny Bosman							5	13:11:17.255	7:21.498	58.117	1:44.385	2:55.104	1:43.892
1	12:37:18.383			1:44.158	2:29.229	1:23.615	6	13:18:41.036	7:23.781	59.649	1:46.872	2:49.309	1:47.951
2	12:44:52.800	7:34.417	46.276	1:32.838	3:48.652	1:26.651	7	13:26:18.281	7:37.245	1:03.504	1:44.752	3:02.866	1:46.123
3	12:51:11.399	6:18.599	49.186	1:35.063	2:27.850	1:26.500	8	13:33:54.035	7:35.754	59.279	1:45.245	2:59.775	1:51.455
4	12:57:29.994	6:18.595	46.701	1:39.355	2:25.616	1:26.923	(812) Johnny Donders						
5	13:12:59.626	15:29.632	48.011	1:36.063	7:28.128	5:37.430	1	12:36:55.483			1:35.142	2:24.087	1:32.557
6	13:19:24.089	6:24.463	50.376	1:35.723	2:27.066	1:31.298	2	12:43:59.621	7:04.138	49.171	1:44.259	2:47.978	1:42.730
7	13:26:49.080	7:24.991	51.555	1:37.512	2:30.249	2:25.675	3	12:58:20.650	14:21.029	52.593	1:49.896	2:44.690	8:53.850
8	13:33:30.826	6:41.746	52.509	1:36.151	2:28.003	1:45.083	4	13:05:06.247	6:45.597	49.884	1:41.186	2:35.434	1:39.093
(832) Onno Graafstra							5	13:11:56.438	6:50.191	53.877	1:38.128	2:42.415	1:35.771
1	12:37:18.636			1:40.775	2:39.971	1:32.322	6	13:18:59.694	7:03.256	55.300	1:46.414	2:40.592	1:40.950
2	12:44:15.141	6:56.505	49.505	1:50.061	2:41.122	1:35.817	7	13:26:09.833	7:10.139	55.841	1:38.909	2:39.890	1:55.499
3	12:51:59.610	7:44.469	53.433	1:53.794	3:18.325	1:38.917	8	13:33:57.796	7:47.963	56.108	1:36.965	3:29.147	1:45.743
4	12:58:59.154	6:59.544	53.065	1:49.214	2:36.591	1:40.674	(918) Udo Waanders						
5	13:06:13.021	7:13.867	54.252	1:51.388	2:45.334	1:42.893	1	12:37:59.612			1:36.614	3:21.757	1:33.952
6	13:13:42.005	7:28.984	56.821	1:52.943	2:54.779	1:44.441	2	12:45:09.289	7:09.677	52.852	1:44.013	2:54.713	1:38.099
7	13:26:21.896	12:39.891	55.429	1:52.086	2:44.378	7:07.998	3	12:52:30.154	7:20.865	57.043	1:49.573	2:49.877	1:44.372
8	13:33:35.133	7:13.237	56.250	1:49.929	2:44.866	1:42.192	4	13:00:07.758	7:37.604	57.775	1:51.677	3:05.169	1:42.983
(999) Henk Jan Lowijns							5	13:10:56.914	10:49.156	1:00.471	1:50.410	2:48.906	5:09.369
1	12:37:58.052			1:56.153	2:50.211	1:33.251	6	13:18:32.429	7:35.515	58.093	1:47.937	2:55.329	1:54.156
2	12:44:57.477	6:59.425	50.767	1:48.149	2:45.388	1:35.121	7	13:26:25.792	7:53.363	1:01.037	1:54.946	3:03.221	1:54.159
3	12:52:20.878	7:23.401	55.190	1:45.719	3:07.276	1:35.216	8	13:34:13.097	7:47.305	59.029	1:55.341	3:02.683	1:50.252
4	13:03:54.009	11:33.131	54.615	1:46.354	2:46.137	6:06.025	(847) Auke van Steenberghe						
5	13:11:05.816	7:11.807	54.721	1:46.244	2:49.351	1:41.491	1	12:38:09.726			2:06.204	2:47.328	1:34.872
6	13:18:24.307	7:18.491	55.743	1:49.404	2:50.982	1:42.362	2	12:45:12.432	7:02.706	52.641	1:59.402	2:36.829	1:33.834
7	13:25:56.382	7:32.075	59.476	1:48.196	2:53.827	1:50.576	3	12:52:31.284	7:18.852	55.400	1:59.842	2:42.830	1:40.780
8	13:33:43.230	7:46.848	1:00.239	1:53.382	3:00.131	1:53.096	4	13:00:02.083	7:30.799	54.130	1:57.289	2:59.221	1:40.159
(914) Raymond Schouten							5	13:11:55.431	11:53.348	56.953	1:59.043	2:39.547	6:17.805
1	12:38:40.027			1:55.342	3:32.888	1:41.259	6	13:19:25.034	7:29.603	58.219	1:58.307	2:50.878	1:42.199
2	12:45:46.084	7:06.057	55.674	1:53.857	2:37.616	1:38.910	7	13:26:52.181	7:27.147	56.824	2:01.478	2:47.894	1:40.951
3	12:52:47.684	7:01.600	52.121	1:55.933	2:32.960	1:40.586	8	13:34:16.455	7:24.274	58.949	2:01.005	2:46.707	1:37.613
4	13:00:09.133	7:21.449	57.151	1:54.597	2:42.255	1:47.446	(1140) Hannes van Asseldonk						
5	13:11:50.388	11:41.255	1:11.388	1:56.453	2:46.310	5:47.104	1	12:38:21.398			1:44.826	3:04.708	1:49.864
6	13:19:03.693	7:13.305	54.203	1:52.997	2:45.631	1:40.474	2	12:45:26.323	7:04.925	58.825	1:36.011	2:48.357	1:41.732
7	13:26:21.816	7:18.123	56.320	1:54.234	2:43.081	1:44.488	3	12:52:36.505	7:10.182	55.742	1:43.427	2:48.423	1:42.590
8	13:33:43.414	7:21.598	58.615	1:52.748	2:46.208	1:44.027	4	13:02:38.953	10:02.448	57.272	1:36.757	3:00.549	4:27.870
(1132) Dennis Kuenen							5	13:10:27.677	7:48.724	1:00.567	1:55.424	3:01.375	1:51.358
1	12:37:22.998			1:50.144	2:30.765	1:29.491	6	13:18:16.426	7:48.749	1:07.264	1:42.683	3:04.681	1:54.121
2	12:44:38.076	7:15.078	52.352	1:45.180	2:58.713	1:38.833	7	13:26:16.870	8:00.444	1:02.240	1:47.217	3:15.308	1:55.679
3	12:51:58.064	7:19.988	52.002	1:57.608	2:54.400	1:35.978	8	13:34:23.176	8:06.306	1:05.143	1:43.503	3:20.656	1:57.004



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 3

28.11.2015 12:30

Race (50:00 and 1 Laps) started at 12:31:10

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
(1013) Dennis Veenstra							7	13:27:22.414	7:29.464	1:00.769	1:48.679	2:50.091	1:49.925
1	12:37:52.196			1:47.270	2:53.334	1:32.344	(1109) Jarno Winters						
2	12:44:39.969	6:47.773	52.228	1:40.037	2:38.829	1:36.679	1	12:37:42.578			1:47.474	2:50.558	1:33.729
3	12:57:33.022	12:53.053	55.596	1:39.127	2:46.332	7:31.998	2	12:44:53.741	7:11.163	55.844	1:45.847	2:49.812	1:39.660
4	13:04:42.874	7:09.852	59.450	1:38.487	2:49.888	1:42.027	3	12:52:16.729	7:22.988	56.713	1:56.953	2:52.880	1:36.442
5	13:12:07.345	7:24.471	56.732	1:48.773	2:54.942	1:44.024	4	13:05:09.812	12:53.083	58.076	1:52.371	3:00.346	7:02.290
6	13:19:31.279	7:23.934	58.114	1:45.260	2:55.895	1:44.665	5	13:12:25.815	7:16.003	54.524	1:52.972	2:49.914	1:38.593
7	13:27:01.924	7:30.645	57.255	1:40.561	3:07.722	1:45.107	6	13:19:57.550	7:31.735	55.788	1:53.824	2:59.993	1:42.130
8	13:34:36.409	7:34.485	1:04.011	1:39.600	3:11.187	1:39.687	7	13:27:24.849	7:27.299	59.850	1:49.509	2:58.034	1:39.906
(1017) Mitchell van der Gaag							(1133) Willem Hamstra						
1	12:37:43.451			1:44.700	2:52.638	1:36.273	1	12:37:45.454			1:42.823	2:58.626	1:27.785
2	12:44:56.367	7:12.916	56.086	1:46.272	2:49.609	1:40.949	2	12:44:12.742	6:27.288	51.426	1:36.205	2:32.457	1:27.200
3	12:52:21.369	7:25.002	55.052	1:41.188	3:06.842	1:41.920	3	12:57:39.004	13:26.262	51.774	1:38.578	2:46.174	8:09.736
4	12:59:33.138	7:11.769	1:00.668	1:40.372	2:47.440	1:43.289	4	13:04:55.928	7:16.924	57.540	1:41.026	2:46.286	1:52.072
5	13:11:39.197	12:06.059	58.631	1:44.847	3:00.039	6:22.542	5	13:12:16.509	7:20.581	57.078	1:51.747	2:51.632	1:40.124
6	13:19:14.090	7:34.893	1:00.625	1:47.950	2:55.812	1:50.506	6	13:19:56.158	7:39.649	59.006	1:47.663	3:04.307	1:48.673
7	13:26:50.992	7:36.902	1:05.106	1:47.037	2:54.143	1:50.616	7	13:27:34.915	7:38.757	1:01.199	1:50.534	2:58.912	1:48.112
8	13:34:36.508	7:45.516	1:08.636	1:46.369	3:01.920	1:48.591	(1080) Freek Filius						
(1070) Chiel voor de Poorte							1	12:37:38.782			1:57.528	2:36.787	1:34.236
1	12:38:13.999			1:55.869	2:59.708	1:42.238	2	12:44:29.944	6:51.162	51.308	1:44.981	2:39.760	1:35.113
2	12:45:32.148	7:18.149	55.873	1:44.276	2:58.766	1:39.234	3	12:51:21.887	6:51.943	56.146	1:43.554	2:31.865	1:40.378
3	12:52:46.987	7:14.839	57.180	1:42.940	2:52.907	1:41.812	4	12:58:28.199	7:06.312	58.069	1:51.228	2:37.495	1:39.520
4	13:03:48.985	11:01.998	59.203	1:39.042	2:58.036	5:25.717	5	13:12:17.994	13:49.795	58.291	1:47.051	2:44.985	8:19.468
5	13:11:33.719	7:44.734	57.204	1:40.664	3:23.605	1:43.261	6	13:20:02.094	7:44.100	57.302	1:44.792	2:43.213	2:18.793
6	13:19:12.051	7:38.332	1:02.126	1:48.245	3:03.307	1:44.654	7	13:27:35.804	7:33.710	59.304	1:51.293	2:52.694	1:50.419
7	13:27:07.614	7:55.563	1:03.890	1:45.406	3:14.605	1:51.662	(867) Jan Wiemer						
8	13:34:38.334	7:30.720	1:04.501	1:45.927	2:55.774	1:44.518	1	12:37:35.838			1:40.033	2:46.005	1:39.826
(1107) Zilverster van Halteren							2	12:45:20.895	7:45.057	1:06.916	1:59.342	3:00.956	1:37.843
1	12:38:13.730			1:56.079	2:53.721	1:42.498	3	12:52:53.490	7:32.595	57.742	1:58.644	2:58.785	1:37.424
2	12:45:31.462	7:17.732	51.725	1:48.251	2:53.284	1:44.472	4	13:05:23.847	12:30.357	54.365	1:57.697	2:49.621	6:48.674
3	12:53:07.133	7:35.671	1:13.404	1:58.517	2:44.126	1:39.624	5	13:12:43.675	7:19.828	56.053	1:48.722	2:57.426	1:37.627
4	13:04:17.907	11:10.774	57.189	1:47.205	2:59.164	5:27.216	6	13:20:09.560	7:25.885	59.176	1:52.111	2:55.572	1:39.026
5	13:11:45.517	7:27.610	58.980	1:48.095	2:56.066	1:44.469	7	13:27:37.027	7:27.467	58.244	1:47.839	2:57.529	1:43.855
6	13:19:23.147	7:37.630	57.173	1:52.047	2:59.848	1:48.562	(960) Luc Boekestijn						
7	13:27:00.896	7:37.749	1:01.329	1:49.208	3:01.189	1:46.023	1	12:38:01.911			1:47.370	2:59.606	1:37.383
8	13:34:48.269	7:47.373	1:00.937	1:50.846	3:04.947	1:50.643	2	12:45:04.644	7:02.733	52.793	1:43.809	2:46.857	1:39.274
(831) Ramon Daniels							3	12:52:29.158	7:24.514	54.042	1:52.368	2:50.813	1:47.291
1	12:37:46.787			1:48.619	2:50.660	1:38.466	4	13:05:37.912	13:08.754	56.489	1:49.520	2:48.020	7:34.725
2	12:44:53.210	7:06.423	52.495	1:49.325	2:44.971	1:39.632	5	13:12:55.663	7:17.751	56.977	1:48.501	2:48.091	1:44.182
3	12:52:02.690	7:09.480	53.948	1:52.302	2:41.040	1:42.190	6	13:20:23.508	7:27.845	59.937	1:55.089	2:50.770	1:42.049
4	13:03:52.600	11:49.910	56.770	1:50.886	3:23.726	5:38.528	7	13:27:52.213	7:28.705	1:00.710	1:50.291	2:56.258	1:41.446
5	13:11:40.473	7:47.873	58.625	1:48.932	3:14.093	1:46.223	(990) Huub van Genugten						
6	13:19:28.174	7:47.701	1:03.174	1:51.202	3:06.119	1:47.206	1	12:38:00.417			1:57.747	2:49.660	1:39.516
7	13:27:05.325	7:37.151	1:03.074	1:47.990	3:03.105	1:42.982	2	12:45:28.806	7:28.389	55.810	1:53.447	2:54.482	1:44.650
8	13:34:53.659	7:48.334	1:00.839	1:49.992	3:03.905	1:53.598	3	12:53:54.063	8:25.257	1:01.518	2:40.004	2:53.628	1:50.107
(1136) Willem Looijen							4	13:01:36.898	7:42.835	1:03.299	1:49.266	3:01.421	1:48.849
1	12:38:16.729			1:47.827	3:05.104	1:46.147	5	13:12:45.551	11:08.653	1:04.553	1:49.079	2:48.743	5:26.278
2	12:45:52.452	7:35.723	59.623	1:50.953	3:02.384	1:42.763	6	13:20:15.311	7:29.760	59.761	1:46.360	2:52.339	1:51.300
3	12:58:03.219	12:10.767	59.111	2:04.254	3:07.701	5:59.701	7	13:27:52.760	7:37.449	1:06.969	1:51.272	2:53.991	1:45.217
4	13:05:17.889	7:14.670	56.886	1:39.566	2:55.998	1:42.220	(903) Joey Toussaint						
5	13:12:33.991	7:16.102	55.378	1:43.394	2:55.131	1:42.199	1	12:38:15.183			1:56.305	3:11.596	1:38.795
6	13:19:50.025	7:16.034	57.137	1:39.553	2:57.634	1:41.710	2	12:45:50.755	7:35.572	55.981	1:47.558	3:13.128	1:38.905
7	13:27:20.138	7:30.113	1:00.028	1:47.715	2:57.154	1:45.216	3	12:53:08.128	7:17.373	56.022	1:50.373	2:47.949	1:43.029
(1058) Davey Geerlings							4	13:00:23.208	7:15.080	59.601	1:54.292	2:43.744	1:37.443
1	12:37:36.093			1:47.667	2:37.611	1:34.126	5	13:12:52.082	12:28.874	1:03.261	1:52.230	2:53.141	6:40.242
2	12:45:07.053	7:30.960	49.636	1:46.789	3:11.384	1:43.151	6	13:20:08.731	7:16.649	59.672	1:49.421	2:45.721	1:41.835
3	12:57:38.152	12:31.099	58.339	1:50.276	2:59.687	6:42.797	7	13:27:56.069	7:47.338	1:01.676	1:52.027	3:05.235	1:48.400
4	13:04:50.457	7:12.305	57.668	1:46.032	2:44.396	1:44.209	(850) Herman Bies						
5	13:12:16.946	7:26.489	58.282	1:47.263	2:52.785	1:48.159							
6	13:19:52.950	7:36.004	1:00.921	1:54.939	2:53.808	1:46.336							



RBKO Den Haag

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Scheveningen 5,000 Km

Heat 3

28.11.2015 12:30

Race (50:00 and 1 Laps) started at 12:31:10

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
1	12:38:26.974			1:51.265	3:21.878	1:44.513	4	12:59:13.482	6:59.835	59.293	1:42.461	2:39.253	1:38.828
2	12:46:03.996	7:37.022	58.619	2:06.628	2:49.491	1:42.284	5	13:07:05.100	7:51.618	55.641	1:44.051	3:12.803	1:59.123
3	12:53:30.761	7:26.765	52.960	2:00.820	2:47.130	1:45.855	6	13:21:08.551	14:03.451	57.417	1:49.103	3:21.822	7:55.109
4	13:05:06.963	11:36.202	54.274	1:59.230	2:51.244	5:51.454	7	13:28:54.087	7:45.536	1:02.047	1:48.350	2:57.477	1:57.662
5	13:12:47.293	7:40.330	54.343	1:48.938	3:08.534	1:48.515	(1127) Eric van der Heijden						
6	13:20:29.715	7:42.422	57.539	1:56.520	2:56.433	1:51.930	1	12:38:16.936			2:01.104	2:56.512	1:37.494
7	13:28:16.349	7:46.634	1:04.282	1:59.786	2:55.343	1:47.223	2	12:45:39.905	7:22.969	55.924	1:57.145	2:48.034	1:41.866
(905) Bram voor de Poorte							3	12:53:27.547	7:47.642	58.104	1:48.925	2:56.281	2:04.332
1	12:37:10.039			1:36.572	2:38.501	1:28.307	4	13:06:15.839	12:48.292	1:01.622	1:48.464	3:01.364	6:56.842
2	12:43:45.659	6:35.620	46.259	1:39.759	2:37.714	1:31.888	5	13:13:31.181	7:15.342	55.712	1:47.857	2:50.625	1:41.148
3	12:55:24.752	11:39.093	50.811	1:42.245	2:42.024	6:24.013	6	13:21:17.478	7:46.297	59.714	1:56.071	3:02.106	1:48.406
4	13:02:18.287	6:53.535	53.954	1:41.231	2:38.708	1:39.642	7	13:29:11.854	7:54.376	1:05.536	1:54.984	3:05.489	1:48.367
5	13:09:34.829	7:16.542	52.933	1:44.294	2:56.033	1:43.282	(973) Mike Beekers						
6	13:20:55.603	11:20.774	1:00.564	1:43.575	2:53.372	5:43.263	1	12:38:09.044			1:46.849	3:17.448	1:38.423
7	13:28:18.380	7:22.777	55.454	1:46.126	2:52.961	1:48.236	2	12:45:30.215	7:21.171	55.319	1:53.156	2:49.937	1:42.759
(934) Jurg Meijer							3	12:53:24.566	7:54.351	1:02.069	1:54.695	2:48.973	2:08.614
1	12:37:37.454			1:52.510	2:40.743	1:33.263	4	13:01:02.059	7:37.493	1:03.411	1:55.318	2:55.171	1:43.593
2	12:44:47.253	7:09.799	52.610	1:57.546	2:41.784	1:37.859	5	13:13:28.136	12:26.077	1:01.957	1:53.640	3:17.813	6:12.667
3	12:52:16.076	7:28.823	53.401	1:58.251	2:53.097	1:44.074	6	13:21:22.933	7:54.797	1:00.748	1:54.425	3:12.271	1:47.353
4	13:05:10.584	12:54.508	55.599	2:01.420	2:57.403	7:00.086	7	13:29:18.201	7:55.268	1:06.592	1:57.334	3:01.262	1:50.080
5	13:13:13.361	8:02.777	57.073	2:04.630	3:03.504	1:57.570	(877) Joost Heemskerk						
6	13:20:48.706	7:35.345	58.093	2:02.197	2:50.894	1:44.161	1	12:37:15.048			1:30.949	2:48.782	1:30.850
7	13:28:30.780	7:42.074	1:01.342	2:05.056	2:50.516	1:45.160	2	12:45:07.937	7:52.889	50.464	1:45.024	3:35.573	1:41.828
(1082) Peter Ahrens							3	12:53:19.458	8:11.521	53.973	1:47.198	3:04.442	2:25.908
1	12:37:31.605			1:37.534	2:44.064	1:32.856	4	13:05:26.750	12:07.292	57.232	1:53.758	3:20.418	5:55.884
2	12:44:40.959	7:09.354	51.272	1:46.941	2:54.770	1:36.371	5	13:13:11.197	7:44.447	57.604	1:41.224	3:18.361	1:47.258
3	12:51:57.696	7:16.737	57.375	1:46.350	2:50.477	1:42.535	6	13:21:01.059	7:49.862	1:00.431	1:53.392	3:05.181	1:50.858
4	13:05:17.290	13:19.594	1:02.959	1:51.269	2:53.194	7:32.172	7	13:29:21.489	8:20.430	1:09.983	1:54.698	3:21.540	1:54.209
5	13:12:55.680	7:38.390	58.448	1:44.015	3:09.299	1:46.628	(1034) Dirk Jan Keijzer						
6	13:20:53.870	7:58.190	1:05.045	2:01.533	3:03.528	1:48.084	1	12:38:46.242			1:48.189	3:19.448	2:04.257
7	13:28:37.409	7:43.539	1:04.196	1:52.674	2:59.495	1:47.174	2	12:46:10.219	7:23.977	55.013	1:44.471	3:03.948	1:40.545
(1004) Rico Fransen							3	12:53:45.282	7:35.063	55.269	1:42.221	3:19.667	1:37.906
1	12:37:34.917			1:41.701	2:47.259	1:36.684	4	13:07:33.921	13:48.639	1:05.919	1:39.721	3:22.574	7:40.425
2	12:44:51.110	7:16.193	52.452	1:41.826	2:56.526	1:45.389	5	13:14:55.651	7:21.730	57.344	1:40.140	3:04.769	1:39.477
3	12:52:30.758	7:39.648	56.097	1:51.480	3:06.699	1:45.372	6	13:22:23.867	7:28.216	54.468	1:43.057	3:04.699	1:45.992
4	13:04:53.306	12:22.548	1:01.317	1:49.503	2:56.201	6:35.527	7	13:29:40.647	7:16.780	55.917	1:42.188	2:57.077	1:41.598
5	13:12:29.796	7:36.490	58.994	1:44.749	3:02.746	1:50.001	(1036) Leon Schmidt						
6	13:20:21.421	7:51.625	1:01.330	1:50.920	3:09.069	1:50.306	1	12:38:06.421			1:55.838	3:02.841	1:36.572
7	13:28:40.356	8:18.935	1:03.307	1:48.893	3:16.156	2:10.579	2	12:46:11.405	8:04.984	50.423	1:45.772	3:51.823	1:36.966
(913) Marco Loohuus							3	12:53:25.745	7:14.340	1:00.044	1:49.517	2:49.127	1:35.652
1	12:38:12.611			1:47.607	3:14.139	1:41.288	4	13:06:27.617	13:01.872	54.745	1:46.805	2:46.724	7:33.598
2	12:46:09.225	7:56.614	1:25.915	1:46.947	2:59.922	1:43.830	5	13:13:53.503	7:25.886	55.007	1:42.040	2:46.364	2:02.475
3	12:53:26.650	7:17.425	1:02.795	1:47.342	2:48.591	1:38.697	6	13:21:12.684	7:19.181	57.084	1:46.648	2:52.272	1:43.177
4	13:06:30.538	13:03.888	1:00.005	1:42.520	2:50.491	7:30.872	7	13:29:41.579	8:28.895	1:27.995	1:48.288	3:28.255	1:44.357
5	13:13:45.997	7:15.459	59.065	1:35.720	3:00.557	1:40.117	(1120) Edwin van Lambalgen						
6	13:20:51.151	7:05.154	57.770	1:39.958	2:44.982	1:42.444	1	12:38:13.293			1:47.121	3:06.466	1:41.241
7	13:28:43.869	7:52.718	1:23.637	1:42.338	2:50.486	1:56.257	2	12:46:00.867	7:47.574	55.039	1:43.864	3:22.024	1:46.647
(845) Bart ten Hove							3	12:53:24.230	7:23.363	57.768	1:47.443	2:54.273	1:43.879
1	12:37:40.338			1:52.688	2:38.404	1:38.040	4	13:01:01.095	7:36.865	58.674	1:46.405	3:07.101	1:44.685
2	12:44:34.226	6:53.888	52.724	1:44.090	2:43.192	1:33.882	5	13:14:09.748	13:08.653	58.724	1:51.015	3:15.548	7:03.366
3	12:57:22.577	12:48.351	54.500	1:44.133	2:56.692	7:13.026	6	13:21:44.140	7:34.392	58.260	1:48.664	3:02.542	1:44.926
4	13:04:55.389	7:32.812	59.019	1:47.833	2:58.845	1:47.115	7	13:29:46.622	8:02.482	1:00.308	1:52.049	3:16.269	1:53.856
5	13:12:46.126	7:50.737	1:04.920	1:50.618	3:09.841	1:45.358	(1014) Johan van Aalst						
6	13:21:06.519	8:20.393	1:03.042	1:56.223	2:57.879	2:23.249	1	12:38:39.731			1:56.565	3:17.646	1:41.775
7	13:28:45.867	7:39.348	1:05.070	1:53.705	2:55.226	1:45.347	2	12:46:09.899	7:30.168	58.089	1:41.118	3:06.075	1:44.886
(1094) Jeroen Vreken							3	12:54:12.919	8:03.020	57.090	1:45.795	3:43.311	1:36.824
1	12:37:54.312			1:44.970	3:02.360	1:38.290	4	13:01:39.393	7:26.474	59.898	1:41.793	3:04.754	1:40.029
2	12:45:13.785	7:19.473	54.897	1:44.188	2:59.901	1:40.487	5	13:13:01.877	11:22.484	56.917	1:37.696	2:51.969	5:55.902
3	12:52:13.647	6:59.862	57.869	1:41.181	2:40.483	1:40.329	6	13:20:47.296	7:45.419	54.025	1:34.530	3:36.456	1:40.408



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 3

28.11.2015 12:30

Race (50:00 and 1 Laps) started at 12:31:10

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
7	13:29:54.442	9:07.146	58.966	2:44.302	3:37.351	1:46.527	1	12:39:00.530			2:11.743	3:29.477	1:49.123
(1005) Richard Nolten							2	12:47:00.200	7:59.670	1:12.729	2:05.769	2:56.629	1:44.543
1	12:38:52.961			1:49.265	3:54.040	1:36.519	3	12:54:30.977	7:30.777	55.936	2:07.096	2:45.196	1:42.549
2	12:46:47.268	7:54.307	1:11.402	1:45.913	3:17.135	1:39.857	4	13:07:31.732	13:00.755	54.195	2:07.555	2:50.648	7:08.357
3	12:54:02.317	7:15.049	57.086	1:43.857	2:56.830	1:37.276	5	13:15:22.223	7:50.491	55.472	2:04.422	2:49.185	2:01.412
4	13:07:09.974	13:07.657	1:12.517	1:42.628	3:03.008	7:09.504	6	13:23:05.671	7:43.448	59.064	2:04.519	2:50.076	1:49.789
5	13:14:29.371	7:19.397	56.811	1:44.336	2:54.077	1:44.173	7	13:31:15.289	8:09.618	1:03.411	2:08.684	2:54.166	2:03.357
6	13:22:02.757	7:33.386	57.429	1:45.337	3:10.548	1:40.072	(1076) Emiel Bongers						
7	13:29:55.035	7:52.278	1:14.572	1:46.704	3:07.911	1:43.091	1	12:39:27.622			1:42.845	4:09.672	1:54.242
(994) Jan de Kleijn							2	12:48:01.088	8:33.466	1:32.587	1:55.177	3:16.188	1:49.514
1	12:37:44.478			1:42.175	2:52.024	1:37.688	3	12:56:02.599	8:01.511	1:10.060	1:48.652	3:12.140	1:50.659
2	12:44:34.313	6:49.835	53.627	1:33.872	2:46.235	1:36.101	4	13:03:57.411	7:54.812	1:06.166	1:50.895	3:08.444	1:49.307
3	12:58:35.590	14:01.277	57.977	1:40.971	2:52.539	8:29.790	5	13:15:25.860	11:28.449	1:26.073	1:47.289	3:21.243	4:53.844
4	13:06:14.657	7:39.067	1:01.245	1:42.251	3:08.020	1:47.551	6	13:23:12.826	7:46.966	1:04.120	1:46.406	3:07.895	1:48.545
5	13:14:14.341	7:59.684	59.533	1:40.980	3:31.216	1:47.955	7	13:31:16.788	8:03.962	1:02.129	1:49.657	3:19.030	1:53.146
6	13:21:54.018	7:39.677	1:02.451	1:44.563	3:01.764	1:50.899	(1012) Koen Donkelaar						
7	13:29:59.042	8:05.024	1:05.522	1:45.065	3:24.200	1:50.237	1	12:38:47.004			2:05.384	3:15.781	1:46.454
(1074) Bart Donkelaar							2	12:46:42.019	7:55.015	1:02.257	2:00.641	3:05.691	1:46.426
1	12:39:08.316			2:10.916	3:26.672	1:44.332	3	12:58:56.176	12:14.157	1:04.348	2:11.160	3:13.012	5:45.637
2	12:47:08.165	7:59.849	1:01.401	2:01.031	3:09.113	1:48.304	4	13:06:46.207	7:50.031	1:04.635	1:58.330	3:01.769	1:45.297
3	12:55:11.468	8:03.303	1:00.926	2:01.209	3:15.583	1:45.585	5	13:14:59.467	8:13.260	1:04.350	2:05.256	3:14.913	1:48.741
4	13:03:02.696	7:51.228	1:02.357	1:59.531	3:02.971	1:46.369	6	13:23:06.584	8:07.117	1:04.790	2:06.378	3:07.123	1:48.826
5	13:11:07.272	8:04.576	1:12.465	1:51.788	3:09.716	1:50.607	7	13:31:18.523	8:11.939	1:05.068	2:06.814	3:10.342	1:49.715
6	13:22:13.879	11:06.607	1:00.848	1:59.495	3:06.410	4:59.854	(1092) Rob Kraaijeveld						
7	13:30:01.987	7:48.108	1:02.669	1:53.421	3:02.969	1:49.049	1	12:38:19.800			2:02.818	2:54.398	1:45.782
(1023) Corne van Berlo							2	12:46:02.628	7:42.828	59.190	2:01.191	2:52.545	1:49.902
1	12:38:31.167			1:50.887	3:27.291	1:40.509	3	12:53:58.752	7:56.124	1:01.225	1:58.916	3:07.728	1:48.255
2	12:46:06.674	7:35.507	1:00.071	1:53.228	2:55.570	1:46.638	4	13:08:09.703	14:10.951	1:02.257	2:01.186	3:04.444	8:03.064
3	12:53:55.922	7:49.248	1:00.532	1:53.383	3:08.438	1:46.895	5	13:15:44.112	7:34.409	1:01.517	1:52.557	2:56.081	1:44.254
4	13:01:40.759	7:44.837	1:04.030	1:51.568	3:00.562	1:48.677	6	13:23:21.219	7:37.107	1:01.167	1:55.398	2:57.495	1:43.047
5	13:09:34.039	7:53.280	1:03.279	2:00.214	2:58.929	1:50.858	7	13:31:19.396	7:58.177	1:02.497	2:00.661	3:06.529	1:48.490
6	13:22:53.372	13:19.333	1:03.647	1:52.970	4:05.194	6:17.522	(828) Mark Ramackers						
7	13:30:25.377	7:32.005	1:01.912	1:50.474	2:53.468	1:46.151	1	12:39:17.002			2:16.339	3:09.600	2:25.827
(897) Marwin de Groot							2	12:46:50.634	7:33.632	57.073	1:50.259	2:59.982	1:46.318
1	12:37:16.360			1:29.097	2:54.742	1:29.029	3	12:54:36.004	7:45.370	1:01.889	1:56.953	2:59.637	1:46.891
2	12:45:15.732	7:59.372	50.230	1:44.422	3:48.098	1:36.622	4	13:06:59.770	12:23.766	1:04.219	1:48.280	3:01.699	6:29.568
3	12:52:22.148	7:06.416	51.098	1:52.180	2:44.421	1:38.717	5	13:14:34.520	7:34.750	58.052	1:48.381	3:04.632	1:43.685
4	12:59:55.997	7:33.849	54.280	1:43.190	3:16.565	1:39.814	6	13:22:27.804	7:53.284	1:01.473	1:55.105	3:03.886	1:52.820
5	13:08:14.275	8:18.278	55.375	2:09.263	2:49.320	2:24.320	7	13:31:21.934	8:54.130	1:07.360	1:52.347	4:00.453	1:53.970
6	13:21:53.209	13:38.934	1:03.154	1:51.421	3:30.265	7:14.094	(896) Mark Wemmers						
7	13:30:28.226	8:35.017	56.532	1:47.462	2:55.404	2:55.619	1	12:37:47.847			1:41.049	2:52.344	1:45.122
(1040) Tom Hilkens							2	12:45:33.590	7:45.743	56.866	1:54.967	3:05.661	1:48.249
1	12:38:04.712			1:54.021	2:52.014	1:37.383	3	12:54:01.627	8:28.037	1:01.779	1:58.877	3:39.592	1:47.789
2	12:45:37.211	7:32.499	53.472	1:41.982	3:17.677	1:39.368	4	13:01:38.306	7:36.679	1:00.375	1:51.207	2:59.653	1:45.444
3	12:53:12.538	7:35.327	1:00.083	1:40.328	2:53.615	2:01.301	5	13:09:21.765	7:43.459	1:01.370	1:48.922	3:07.680	1:45.487
4	13:00:48.981	7:36.443	1:06.862	1:42.121	3:03.792	1:43.668	6	13:17:00.141	7:38.376	1:00.169	1:47.699	3:02.803	1:47.705
5	13:16:58.187	16:09.206	59.318	1:50.017	3:00.312	10:19.559	7	13:31:26.666	14:26.525	1:00.098	1:51.715	3:07.150	8:27.562
6	13:24:01.404	7:03.217	56.984	1:40.439	2:41.640	1:44.154	(917) Wesley Ankersmid						
7	13:31:02.004	7:00.600	58.758	1:39.168	2:42.267	1:40.407	1	12:38:28.072			1:41.078	3:03.455	2:17.157
(1018) Bram Drees							2	12:46:04.281	7:36.209	54.972	1:44.157	3:14.594	1:42.486
1	12:37:36.676			1:48.864	2:39.867	1:30.588	3	12:53:41.512	7:37.231	1:08.345	1:45.983	2:59.623	1:43.280
2	12:44:28.969	6:52.293	50.039	1:40.222	2:43.383	1:38.649	4	13:01:11.720	7:30.208	56.213	1:45.189	2:56.771	1:52.035
3	12:55:49.122	11:20.153	51.166	1:39.787	2:42.454	6:06.746	5	13:14:32.413	13:20.693	56.313	1:43.134	2:58.795	7:42.451
4	13:03:34.453	7:45.331	56.546	1:38.774	2:54.402	2:15.609	6	13:23:07.402	8:34.989	58.273	1:43.285	4:05.920	1:47.511
5	13:11:09.999	7:35.546	1:01.721	1:44.005	3:09.762	1:40.058	7	13:31:33.727	8:26.325	59.729	1:43.681	3:22.168	2:20.747
6	13:19:25.954	8:15.955	1:01.365	1:46.308	3:38.840	1:49.442	(929) Wout Stokman						
7	13:31:11.979	11:46.025	1:01.146	1:49.606	3:23.513	5:31.760	1	12:38:07.871			1:53.029	2:57.784	1:41.031
(895) Jeroen Wey							2	12:45:26.746	7:18.875	54.232	1:39.328	3:01.256	1:44.059
							3	12:53:09.632	7:42.886	58.077	1:45.047	3:11.666	1:48.096



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 3

28.11.2015 12:30

Race (50:00 and 1 Laps) started at 12:31:10

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
4	13:06:08.752	12:59.120	59.869	1:53.200	3:25.852	6:40.199	7	13:32:42.878	7:34.352	1:03.200	1:52.807	2:56.903	1:41.442
5	13:14:04.135	7:55.383	1:00.499	1:43.821	3:13.699	1:57.364	(972) Mike Vervoort						
6	13:22:52.730	8:48.595	1:04.905	1:53.577	3:15.358	2:34.755	1	12:38:38.377			2:04.183	3:04.327	1:49.985
7	13:31:39.825	8:47.095	1:10.575	2:02.151	3:35.077	1:59.292	2	12:46:46.947	8:08.570	54.810	2:01.560	3:28.676	1:43.524
(970) Hugo Veldhuis							3	12:59:34.814	12:47.867	1:01.387	1:59.970	3:18.702	6:27.808
1	12:38:34.165			1:42.544	3:15.963	2:05.547	4	13:07:31.289	7:56.475	1:03.334	2:00.178	3:03.282	1:49.681
2	12:46:41.907	8:07.742	1:03.535	1:58.658	3:11.313	1:54.236	5	13:16:24.884	8:53.595	1:05.025	2:10.688	3:41.193	1:56.689
3	12:55:07.794	8:25.887	1:07.593	1:57.557	3:29.986	1:50.751	6	13:24:30.041	8:05.157	1:06.219	2:08.661	2:58.498	1:51.779
4	13:06:56.779	11:48.985	1:03.205	1:54.408	3:11.897	5:39.475	7	13:32:45.396	8:15.355	1:07.416	2:10.736	3:05.737	1:51.466
5	13:15:08.275	8:11.496	1:05.710	1:52.722	3:10.962	2:02.102	(860) Victor Felitsiant						
6	13:23:19.920	8:11.645	1:05.607	1:57.531	3:14.252	1:54.255	1	12:38:25.940			2:05.920	3:12.741	1:36.852
7	13:31:46.583	8:26.663	1:05.441	2:00.033	3:20.772	2:00.417	2	12:45:44.366	7:18.426	53.861	1:49.323	2:50.584	1:44.658
(1052) Dustin Karelse							3	12:53:43.323	7:58.957	57.787	1:51.297	3:16.440	1:53.433
1	12:39:14.903			2:38.761	3:17.542	1:40.642	4	13:09:28.716	15:45.393	59.776	1:46.874	3:07.369	9:51.374
2	12:46:55.222	7:40.319	57.181	2:08.771	2:48.516	1:45.851	5	13:17:14.645	7:45.929	1:03.979	1:43.418	3:08.879	1:49.653
3	12:54:36.236	7:41.014	1:00.335	2:08.976	2:47.959	1:43.744	6	13:25:24.932	8:10.287	1:00.410	1:42.968	3:05.270	2:21.639
4	13:02:13.129	7:36.893	57.546	2:06.680	2:44.984	1:47.683	7	13:32:56.579	7:31.647	1:02.921	1:49.217	2:49.602	1:49.907
5	13:09:43.035	7:29.906	1:02.197	1:58.426	2:42.990	1:46.293	(1134) Frans Sijbrandij						
6	13:18:30.480	8:47.445	1:23.859	2:03.156	3:32.959	1:47.471	1	12:39:54.338			2:06.238	3:10.716	2:51.031
7	13:32:02.024	13:31.544	1:03.661	2:01.899	3:10.967	7:15.017	2	12:48:03.144	8:08.806	1:07.785	1:57.935	3:11.528	1:51.558
(1121) Adriaan Veerman							3	13:01:14.954	13:11.810	1:09.434	1:52.440	3:07.639	7:02.297
1	12:38:10.995			1:51.388	3:01.697	1:41.677	4	13:09:08.859	7:53.905	1:16.678	1:43.961	3:02.088	1:51.178
2	12:45:35.976	7:24.981	53.799	2:02.591	2:46.469	1:42.122	5	13:17:13.722	8:04.863	1:04.158	1:46.936	3:20.704	1:53.065
3	12:53:03.514	7:27.538	51.860	1:56.375	2:55.781	1:43.522	6	13:25:16.284	8:02.562	1:06.718	1:48.651	3:17.168	1:50.025
4	13:07:37.606	14:34.092	56.897	2:06.461	2:48.550	8:42.184	7	13:33:05.498	7:49.214	1:03.565	1:42.652	3:05.720	1:57.277
5	13:15:14.700	7:37.094	56.257	1:58.632	2:57.143	1:45.062	(1129) Harry Heijink						
6	13:24:04.844	8:50.144	1:01.243	2:00.958	3:20.094	2:27.849	1	12:38:18.652			1:47.971	3:03.451	1:45.937
7	13:32:10.733	8:05.889	1:02.685	2:13.615	2:57.391	1:52.198	2	12:45:45.974	7:27.322	58.185	1:44.136	2:58.588	1:46.413
(837) Starsky Burgt							3	12:59:49.833	14:03.859	1:03.629	1:55.430	3:20.687	7:44.113
1	12:38:23.222			1:52.841	3:17.365	1:44.671	4	13:07:47.136	7:57.303	1:00.241	1:51.607	3:14.006	1:51.449
2	12:46:09.210	7:45.988	1:00.795	1:56.697	3:03.231	1:45.265	5	13:16:21.082	8:33.946	1:05.527	2:06.781	3:22.256	1:59.382
3	12:53:55.632	7:46.422	1:00.427	1:59.028	3:01.758	1:45.209	6	13:24:44.204	8:23.122	1:02.692	2:10.658	3:15.799	1:53.973
4	13:01:44.843	7:49.211	1:00.553	1:57.528	3:03.361	1:47.769	7	13:33:05.896	8:21.692	1:10.454	2:09.792	3:05.624	1:55.822
5	13:09:43.431	7:58.588	1:00.282	1:53.434	3:11.569	1:53.303	(1081) Martin Vooy						
6	13:24:07.675	14:24.244	1:03.592	1:59.188	3:06.209	8:15.255	1	12:38:01.179			1:50.868	2:58.715	1:37.059
7	13:32:20.638	8:12.963	1:04.349	2:00.578	3:08.706	1:59.330	2	12:46:05.416	8:04.237	55.070	1:56.011	3:05.163	2:07.993
(1102) Jan van den Boogaard							3	12:54:16.753	8:11.337	1:02.091	1:57.467	3:21.616	1:50.163
1	12:37:22.623			1:41.264	2:34.744	1:34.420	4	13:02:26.765	8:10.012	1:02.289	2:03.795	3:09.858	1:54.070
2	12:46:21.425	8:58.802	51.941	1:40.913	4:18.185	2:07.763	5	13:15:11.330	12:44.565	1:04.029	2:08.433	3:47.698	5:44.405
3	13:00:47.861	14:26.436	1:04.260	1:57.033	3:06.019	8:19.124	6	13:24:24.950	9:13.620	1:06.521	2:06.157	3:54.292	2:06.650
4	13:07:52.759	7:04.898	54.087	1:34.256	2:51.989	1:44.566	7	13:33:07.993	8:43.043	1:08.655	2:11.576	3:19.365	2:03.447
5	13:15:49.107	7:56.348	1:00.822	1:56.139	3:12.967	1:46.420	(1138) Charlie van Leeuwen						
6	13:24:13.837	8:24.730	1:05.366	1:48.311	3:40.139	1:50.914	1	12:38:26.094			1:55.124	3:12.952	1:40.638
7	13:32:22.552	8:08.715	1:02.156	2:13.536	3:04.333	1:48.690	2	12:45:59.709	7:33.615	57.172	1:56.458	3:03.123	1:36.862
(883) Thomas van Steenberg							3	12:54:48.034	8:48.325	1:37.512	2:00.282	3:28.119	1:42.412
1	12:38:44.969			2:07.756	3:17.331	1:45.694	4	13:08:51.985	14:03.951	59.794	2:04.705	2:58.391	8:01.061
2	12:46:59.368	8:14.399	1:00.151	1:55.523	3:28.026	1:50.699	5	13:16:54.120	8:02.135	1:05.629	2:01.438	3:08.471	1:46.597
3	12:55:19.950	8:20.582	1:18.565	1:55.400	3:15.360	1:51.257	6	13:25:04.905	8:10.785	1:07.555	2:08.913	3:07.940	1:46.377
4	13:08:02.753	12:42.803	1:07.102	1:47.276	3:29.697	6:18.728	7	13:33:19.540	8:14.635	1:05.865	2:09.968	3:10.132	1:48.670
5	13:16:06.846	8:04.093	1:05.832	1:50.877	3:15.509	1:51.875	(1139) Ben de Boer						
6	13:23:58.592	7:51.746	59.374	1:51.558	3:08.452	1:52.362	1	12:38:25.242			1:43.607	3:17.544	1:43.003
7	13:32:33.557	8:34.965	1:04.630	1:46.798	3:29.478	2:14.059	2	12:46:33.544	8:08.302	55.520	1:39.509	3:42.726	1:50.547
(977) Sjoerd van Lieshout							3	12:54:09.216	7:35.672	59.298	1:46.807	3:02.315	1:47.252
1	12:38:45.579			2:06.305	3:07.705	1:57.010	4	13:02:10.258	8:01.042	56.780	1:43.223	3:30.144	1:50.895
2	12:51:11.580	12:26.001	57.089	1:57.444	3:11.876	6:19.592	5	13:15:06.751	12:56.493	1:22.535	1:50.599	3:10.981	6:32.378
3	12:58:44.585	7:33.005	57.489	1:53.247	2:54.416	1:47.853	6	13:23:54.491	8:47.740	1:01.020	1:48.828	3:59.455	1:58.437
4	13:06:26.720	7:42.135	59.169	1:51.392	3:04.290	1:47.284	7	13:33:23.405	9:28.914	1:05.113	1:48.769	3:18.767	3:16.265
5	13:14:44.348	8:17.628	1:01.186	1:50.981	3:38.770	1:46.691	(1057) Willem Piel						
6	13:25:08.526	10:24.178	1:02.084	1:54.387	3:00.369	4:27.338							





RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 3

28.11.2015 12:30

Race (50:00 and 1 Laps) started at 12:31:10

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
1	12:39:05.345			2:07.056	3:36.655	1:44.833	4	13:04:06.341	8:26.198	1:01.116	1:52.461	3:32.887	1:59.734
2	12:48:05.498	9:00.153	57.881	1:58.199	4:10.895	1:53.178	5	13:16:29.254	12:22.913	1:34.612	1:57.381	3:36.599	5:14.321
3	13:01:01.250	12:55.752	1:01.934	2:08.408	3:14.424	6:30.986	6	13:25:14.079	8:44.825	59.469	1:47.742	3:52.676	2:04.938
4	13:09:19.328	8:18.078	1:03.205	2:04.211	3:06.378	2:04.284	7	13:34:33.658	9:19.579	1:34.552	2:04.542	3:30.410	2:10.075
5	13:17:25.248	8:05.920	1:04.523	1:58.826	3:09.441	1:53.130	(996) Wiljan Heijkamp						
6	13:25:38.452	8:13.204	1:01.010	2:05.519	3:09.795	1:56.880	1	12:39:31.746			1:47.138	4:33.498	1:39.414
7	13:33:44.861	8:06.409	1:03.290	1:59.729	3:06.838	1:56.552	2	12:46:52.156	7:20.410	56.768	1:43.906	2:51.292	1:48.444
(991) Henk de Jong							3	12:53:56.853	7:04.697	57.795	1:46.057	2:42.529	1:38.316
1	12:38:43.443			2:02.315	3:14.350	1:48.452	4	13:08:05.588	14:08.735	55.136	1:44.563	3:04.934	8:24.102
2	12:46:55.338	8:11.895	59.278	2:06.296	3:11.316	1:55.005	5	13:18:35.634	10:30.046	1:34.124	2:17.591	3:17.098	3:21.233
3	12:55:16.499	8:21.161	1:03.558	2:09.557	3:11.664	1:56.382	6	13:27:16.518	8:40.884	1:13.524	2:05.060	3:28.692	1:53.608
4	13:08:05.949	12:49.450	1:02.076	2:10.661	3:06.186	6:30.527	7	13:34:49.849	7:33.331	1:01.978	1:48.560	2:54.604	1:48.189
5	13:16:23.940	8:17.991	1:00.940	2:03.586	3:16.560	1:56.905	(1137) Jan Jakob Jansen						
6	13:25:01.410	8:37.470	1:05.381	2:13.326	3:23.013	1:55.750	1	12:39:13.319			1:55.945	3:39.049	2:00.347
7	13:33:48.180	8:46.770	1:06.927	2:12.871	3:24.518	2:02.454	2	12:47:45.642	8:32.323	1:07.135	2:12.960	3:16.603	1:55.625
(868) Niels van den Bos							3	12:55:59.460	8:13.818	1:03.001	2:05.007	3:13.524	1:52.286
1	12:39:01.177			1:59.130	3:42.253	1:48.143	4	13:08:25.701	12:26.241	1:04.681	2:05.618	3:10.424	6:05.518
2	12:47:13.214	8:12.037	1:06.758	1:58.808	3:22.233	1:44.238	5	13:16:53.167	8:27.466	1:01.451	1:52.235	3:27.303	2:06.477
3	12:55:08.580	7:55.366	1:01.694	1:57.050	3:12.007	1:44.615	6	13:25:56.000	9:02.833	1:11.445	2:11.718	3:39.579	2:00.091
4	13:07:57.118	12:48.538	1:02.498	1:55.650	3:21.594	6:28.796	7	13:34:50.980	8:54.980	1:13.513	2:10.078	3:31.457	1:59.932
5	13:17:05.494	9:08.376	1:03.046	1:50.049	3:15.649	2:59.632	(1003) Ger Weitekamp						
6	13:25:29.443	8:23.949	1:06.618	1:54.602	3:30.090	1:52.639	1	12:38:35.068			1:52.165	3:27.983	1:39.743
7	13:33:54.134	8:24.691	1:04.952	1:56.680	3:28.290	1:54.769	2	12:46:06.413	7:31.345	58.459	1:51.230	2:52.829	1:48.827
(1009) Richard Pullen							3	13:02:55.643	16:49.230	1:04.173	2:49.034	3:08.818	9:47.205
1	12:38:32.945			1:59.096	3:16.248	1:42.255	4	13:10:50.181	7:54.538	1:14.825	1:46.136	3:01.109	1:52.468
2	12:46:25.455	7:52.510	57.497	1:56.017	3:07.075	1:51.921	5	13:18:37.378	7:47.197	1:04.357	1:53.389	2:59.412	1:50.039
3	12:55:17.440	8:51.985	1:19.386	1:45.921	3:53.551	1:53.127	6	13:26:59.839	8:22.461	1:11.062	1:55.881	3:21.911	1:53.607
4	13:03:41.216	8:23.776	1:11.466	1:50.704	3:34.041	1:47.565	7	13:34:51.852	7:52.013	1:04.471	1:54.073	2:58.207	1:55.262
5	13:17:00.873	13:19.657	1:06.338	1:50.213	3:31.393	6:51.713	(930) Jurrien van Drunen						
6	13:25:33.170	8:32.297	1:07.351	1:47.347	3:42.515	1:55.084	1	12:39:18.270			2:28.000	3:14.568	1:59.621
7	13:33:56.843	8:23.673	1:07.498	1:46.946	3:32.461	1:56.768	2	12:47:41.529	8:23.259	1:04.001	2:17.310	3:05.013	1:56.935
(1033) Jeroen Carnas							3	12:56:24.579	8:43.050	1:04.476	2:25.546	3:08.999	2:04.029
1	12:37:58.758			1:56.700	2:51.018	1:37.602	4	13:05:13.808	8:49.229	1:08.254	2:24.533	3:12.431	2:04.011
2	12:45:44.704	7:45.946	53.603	1:40.969	3:23.147	1:48.227	5	13:14:37.211	9:23.403	1:16.361	2:21.207	3:40.870	2:04.965
3	12:59:24.105	13:39.401	1:03.171	2:00.175	3:09.252	7:26.803	6	13:26:50.052	12:12.841	1:07.495	2:21.250	3:26.253	5:17.843
4	13:08:47.692	9:23.587	2:36.475	1:44.123	3:12.708	1:50.281	7	13:35:07.151	8:17.099	1:12.704	2:18.304	2:56.324	1:49.767
5	13:16:58.901	8:11.209	1:01.736	1:56.976	3:15.923	1:56.574	(1078) Rick Duijvestijn						
6	13:25:47.164	8:48.263	1:30.520	2:02.986	3:18.585	1:56.172	1	12:39:45.004			2:19.739	3:47.976	1:52.265
7	13:34:05.277	8:18.113	1:09.776	1:55.957	3:21.936	1:50.444	2	12:48:07.795	8:22.791	1:04.821	2:08.328	3:16.784	1:52.858
(988) Gerard Pouw							3	13:02:15.139	14:07.344	1:06.492	2:07.004	3:11.037	7:42.811
1	12:38:09.134			1:51.345	3:08.015	1:41.553	4	13:10:23.152	8:08.013	1:04.917	2:00.461	3:12.328	1:50.307
2	12:45:49.634	7:40.500	56.044	1:54.508	3:02.377	1:47.571	5	13:18:34.570	8:11.418	1:04.801	2:03.511	3:12.596	1:50.510
3	12:59:59.192	14:09.558	59.855	1:58.361	3:30.055	7:41.287	6	13:26:53.570	8:19.000	1:08.902	2:05.778	3:04.772	1:59.548
4	13:08:13.201	8:14.009	1:01.981	1:53.420	3:20.544	1:58.064	7	13:35:18.949	8:25.379	1:12.233	2:13.550	3:07.999	1:51.597
5	13:16:37.953	8:24.752	1:07.379	1:56.378	3:20.182	2:00.813	(1047) Nico Schokker						
6	13:24:57.396	8:19.443	1:09.502	1:49.712	3:17.935	2:02.294	1	12:39:24.825			2:04.409	3:37.570	2:04.441
7	13:34:20.617	9:23.221	1:16.439	1:56.428	4:01.213	2:09.141	2	12:47:12.025	7:47.200	1:01.885	1:58.633	2:58.373	1:48.309
(1123) Marco van Wezel							3	12:59:35.399	12:23.374	1:19.122	1:54.267	3:23.620	5:46.365
1	12:39:10.830			2:02.780	3:37.463	1:48.431	4	13:07:20.764	7:45.365	1:03.376	1:52.602	3:00.322	1:49.065
2	12:47:19.017	8:08.187	1:03.827	1:53.832	3:07.987	2:02.541	5	13:17:39.603	10:18.839	1:01.505	1:50.910	5:26.190	2:00.234
3	13:00:17.659	12:58.642	1:03.667	1:56.021	3:46.007	6:12.947	6	13:26:40.153	9:00.550	1:02.101	1:56.203	3:53.261	2:08.985
4	13:08:24.624	8:06.965	1:02.171	1:50.922	3:25.024	1:48.848	7	13:35:22.647	8:42.494	1:07.389	2:04.741	3:25.118	2:05.246
5	13:16:41.562	8:16.938	1:00.403	1:52.717	3:32.683	1:51.135	(811) Reinse de Jong						
6	13:24:55.945	8:14.383	1:10.498	1:54.118	3:17.781	1:51.986	1	12:38:41.002			1:46.279	3:37.698	1:50.643
7	13:34:26.095	9:30.150	1:25.936	1:58.427	4:01.852	2:03.935	2	12:47:02.645	8:21.643	1:02.849	1:59.189	3:26.077	1:53.528
(880) Mark Verkuijlen							3	12:55:56.655	8:54.010	1:02.882	2:09.749	3:50.719	1:50.660
1	12:38:31.745			1:45.911	3:23.497	1:55.291	4	13:04:23.936	8:27.281	1:04.567	2:08.044	3:21.451	1:53.219
2	12:46:39.416	8:07.671	1:00.931	2:00.598	3:07.240	1:58.902	5	13:18:20.185	13:56.249	1:07.119	1:57.918	3:32.715	7:18.497
3	12:55:40.143	9:00.727	1:03.534	2:02.625	4:00.051	1:54.517	6	13:26:48.564	8:28.379	1:09.025	1:52.361	3:28.904	1:58.089



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 3

28.11.2015 12:30

Race (50:00 and 1 Laps) started at 12:31:10

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
7	13:35:40.144	8:51.580	1:10.597	2:01.357	3:33.561	2:06.065	1	12:39:21.937			2:12.679	3:36.631	1:59.003
(879) Everhard Haren							2	12:47:48.729	8:26.792	1:04.450	2:06.080	3:21.599	1:54.663
1	12:39:24.197			2:06.395	3:40.928	2:00.604	3	12:56:08.069	8:19.340	1:05.372	1:58.654	3:25.503	1:49.811
2	12:48:01.528	8:37.331	1:10.005	1:55.352	3:35.652	1:56.322	4	13:10:12.606	14:04.537	1:09.818	1:56.499	3:41.483	7:16.737
3	12:56:33.622	8:32.094	1:09.526	1:55.697	3:21.460	2:05.411	5	13:18:33.674	8:21.068	1:05.497	1:55.294	3:21.844	1:58.433
4	13:09:06.491	12:32.869	1:03.704	1:57.984	3:18.643	6:12.538	6	13:27:31.746	8:58.072	1:04.732	2:00.426	3:55.748	1:57.166
5	13:17:42.634	8:36.143	1:01.654	1:55.330	3:36.325	2:02.834	(1095) Ghm van Asten						
6	13:26:42.851	9:00.217	1:05.771	1:55.046	3:49.333	2:10.067	1	12:38:42.566				3:16.999	1:46.665
7	13:35:45.303	9:02.452	1:11.974	1:55.198	3:47.434	2:07.846	2	12:46:29.618	7:47.052	1:01.529	1:57.795	3:02.966	1:44.762
(950) Freddy Vrakking							3	12:55:45.022	9:15.404	1:00.867	2:06.008	4:16.198	1:52.331
1	12:38:42.777			1:58.549	3:19.249	1:52.278	4	13:10:47.750	15:02.728	1:02.363	1:55.484	3:50.455	8:14.426
2	12:46:35.376	7:52.599	58.270	1:59.487	3:02.646	1:52.196	5	13:18:35.032	7:47.282	1:03.763	1:49.781	3:03.650	1:50.088
3	12:54:33.422	7:58.046	1:01.656	1:59.879	3:05.664	1:50.847	6	13:27:42.005	9:06.973	2:00.877	1:51.568	3:16.582	1:57.946
4	13:09:38.789	15:05.367	1:04.736	2:04.379	4:05.340	7:50.912	(26) Rintje Ritsma						
5	13:18:12.069	8:33.280	1:03.355	1:58.291	3:29.051	2:02.583	1	12:39:15.766			2:15.579	3:34.146	1:58.995
6	13:27:17.480	9:05.411	1:11.193	2:17.711	3:35.011	2:01.496	2	12:48:22.775	9:07.009	1:09.694	2:16.758	3:35.068	2:05.489
7	13:35:48.565	8:31.085	1:10.253	2:11.761	3:11.413	1:57.658	3	12:57:33.673	9:10.898	1:13.161	2:24.188	3:29.396	2:04.153
(1039) Wim Gouwelleeuw							4	13:10:08.803	12:35.130	1:08.048	2:27.273	3:30.861	5:28.948
1	12:38:24.809			1:46.087	3:24.316	1:42.519	5	13:18:48.325	8:39.522	1:18.534	2:09.306	3:13.938	1:57.744
2	12:46:56.376	8:31.567	59.828	2:00.061	3:41.350	1:50.328	6	13:28:00.453	9:12.128	1:10.311	2:18.033	3:42.046	2:01.738
3	12:55:39.861	8:43.485	1:02.465	1:55.251	3:57.627	1:48.142	(1090) Robert Huisman						
4	13:07:59.667	12:19.806	1:00.555	1:49.934	3:20.517	6:08.800	1	12:38:37.010			2:07.418	2:59.512	1:50.547
5	13:16:39.029	8:39.362	1:00.658	1:43.365	4:04.437	1:50.902	2	12:47:22.950	8:45.940	1:03.477	2:04.965	3:39.068	1:58.430
6	13:25:19.999	8:40.970	1:04.580	1:48.777	3:54.635	1:52.978	3	12:55:54.368	8:31.418	1:20.830	2:08.639	3:05.220	1:56.729
7	13:35:58.419	10:38.420	1:06.114	1:49.471	5:42.082	2:00.753	4	13:11:20.565	15:26.197			3:51.805	8:29.087
(1027) Arend ter Heide							5	13:19:20.952	8:00.387	1:05.489	1:58.535	2:57.515	1:58.848
1	12:38:26.317			1:54.201	3:05.323	1:46.452	6	13:28:06.153	8:45.201	1:14.714	2:02.665	3:27.239	2:00.583
2	12:46:39.617	8:13.300	1:03.202	1:53.869	3:16.111	2:00.118	(825) One Rijkema						
3	13:01:18.672	14:39.055	1:06.416	1:59.830	3:12.335	8:20.474	1	12:39:14.967			1:49.173	4:13.756	1:44.412
4	13:09:44.896	8:26.224	1:06.327	1:55.494	3:20.976	2:03.427	2	12:48:47.950	9:32.983	58.898	1:46.301	4:13.740	2:34.044
5	13:18:17.748	8:32.852	1:10.998	1:57.397	3:29.990	1:54.467	3	12:57:09.980	8:22.030	1:04.548	1:53.353	3:27.789	1:56.340
6	13:27:15.711	8:57.963	1:03.031	1:59.033	3:55.008	2:00.891	4	13:04:59.436	7:49.456	1:00.521	1:51.558	3:01.175	1:56.202
7	13:36:05.685	8:49.974	1:12.952	2:01.098	3:34.465	2:01.459	5	13:14:32.388	9:32.952	1:03.156	1:52.328	4:05.964	2:31.504
(901) Patrick de Jonge							6	13:28:13.266	13:40.878	1:04.592	1:59.566	3:33.824	7:02.896
1	12:38:03.192			1:54.564	2:46.909	1:50.764	(1099) Ben Mouws						
2	12:45:20.266	7:17.074	50.714	1:52.338	2:56.322	1:37.700	1	12:40:52.021			2:04.340	3:32.383	3:36.070
3	12:52:45.973	7:25.707	57.045	1:58.577	2:50.631	1:39.454	2	12:49:17.460	8:25.439	1:06.194	2:05.111	3:24.705	1:49.429
4	13:04:11.720	11:25.747	55.931	1:55.058	2:50.177	5:44.581	3	12:58:19.685	9:02.225	1:05.807	2:10.515	3:45.618	2:00.285
5	13:12:59.733	8:48.013	57.932	1:45.916	4:16.749	1:47.416	4	13:11:25.848	13:06.163	1:05.725	2:04.289	3:16.418	6:39.731
6	13:21:06.757	8:07.024	1:00.405	1:54.353	3:23.544	1:48.722	5	13:19:44.641	8:18.793	1:05.009	2:01.668	3:18.431	1:53.685
7	13:36:11.717	15:04.960	1:03.652	1:54.878	10:17.725	1:48.705	6	13:28:15.877	8:31.236	1:10.622	2:03.863	3:20.144	1:56.607
(1066) Koen Sterken							(821) Marco van Gestel						
1	12:38:55.717			2:11.741	3:29.508	1:41.254	1	12:39:45.644			2:10.204	4:01.937	2:05.960
2	12:46:23.041	7:27.324	55.132	2:01.924	2:44.115	1:46.153	2	12:48:22.692	8:37.048	1:12.414	2:12.581	3:15.131	1:56.922
3	12:54:47.616	8:24.575	57.380	2:19.497	3:19.674	1:48.024	3	12:56:20.723	7:58.031	1:02.269	1:50.771	3:14.838	1:50.153
4	13:08:14.553	13:26.937	1:10.223	2:22.925	2:57.367	6:56.422	4	13:10:06.083	13:45.360	1:04.263	1:58.234	4:07.975	6:34.888
5	13:16:41.857	8:27.304	59.737	2:05.609	3:28.562	1:53.396	5	13:19:02.650	8:56.567	1:05.474	2:10.304	3:31.137	2:09.652
6	13:26:26.615	9:44.758	1:07.831	2:16.917	4:23.816	1:56.194	6	13:28:48.908	9:46.258	1:17.370	2:08.980	3:46.880	2:33.028
7	13:36:24.615	9:58.000	1:44.309	2:26.164	3:48.847	1:58.680	(1104) Peter van Schie						
(1105) Ton Boonaerts							1	12:36:59.509			1:30.674	2:32.469	1:24.077
1	12:39:22.108			2:12.665	3:26.609	1:59.449	2	12:43:13.370	6:13.861	45.802	1:30.293	2:26.992	1:30.774
2	12:50:52.739	11:30.631	1:05.576	2:21.642	3:14.726	4:48.687	3	12:49:47.597	6:34.227	51.542	1:32.238	2:36.463	1:33.984
3	12:58:54.049	8:01.310	1:00.525	2:04.891	2:59.556	1:56.338	4	13:15:22.913	25:35.316	50.729	1:33.642		
4	13:07:31.793	8:37.744	1:05.610	2:06.479	3:26.880	1:58.775	5	13:22:29.076	7:06.163	53.294	1:34.518	3:03.943	1:34.408
5	13:16:04.005	8:32.212	1:03.381	2:04.895	3:26.326	1:57.610	6	13:29:16.088	6:47.012	56.018	1:38.234	2:39.269	1:33.491
6	13:24:17.352	8:13.347	1:05.470	2:00.549	3:08.558	1:58.770	(1053) Mike Donders						
7	13:36:46.838	12:29.486	1:01.932	2:01.310	2:53.909	6:32.335	1	12:38:16.576			2:02.103	2:52.943	1:43.861
(959) Patrick van de Bunte							2	12:46:27.102	8:10.526	1:33.330	1:55.386	2:54.651	1:47.159



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 3

28.11.2015 12:30

Race (50:00 and 1 Laps) started at 12:31:10

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
3	13:00:00.425	13:33.323	56.503	1:55.308	3:04.934	7:36.578	5	13:21:29.284	14:12.699	1:11.523	2:06.708	3:21.672	7:32.796
4	13:07:41.368	7:40.943	1:00.704	1:58.828	2:51.735	1:49.676	6	13:30:39.913	9:10.629	1:08.194	2:01.581	3:48.639	2:12.215
5	13:21:53.614	14:12.246	58.771	2:02.459	4:51.798	6:19.218	(907) Ruud Haanappel						
6	13:29:32.955	7:39.341	1:00.996	1:58.844	2:52.015	1:47.486	1	12:40:17.067			1:54.065	5:00.178	1:53.832
(893) Ronald de Wit							2	12:48:35.160	8:18.093	59.094	2:06.244	3:15.535	1:57.220
1	12:39:28.842			2:22.464	3:25.581	1:57.812	3	12:57:16.265	8:41.105	1:06.685	2:10.114	3:21.253	2:03.053
2	12:48:33.370	9:04.528	1:10.225	2:11.427	3:35.098	2:07.778	4	13:13:21.760	16:05.495	1:05.628	2:33.375	3:44.680	8:41.812
3	12:57:32.118	8:58.748	1:05.225	2:22.284	3:30.815	2:00.424	5	13:22:01.403	8:39.643	1:11.125	2:10.453	3:25.446	1:52.619
4	13:06:32.329	9:00.211	1:12.119	2:20.198	3:26.864	2:01.030	6	13:30:51.742	8:50.339	1:10.543	2:10.217	3:29.295	2:00.284
5	13:21:09.278	14:36.949	1:25.891	2:01.976	3:28.719	7:40.363	(891) Ronald Stam						
6	13:29:39.263	8:29.985	1:09.663	1:59.749	3:22.708	1:57.865	1	12:39:43.829			2:31.484	3:47.497	1:53.009
(848) Hans Beek							2	12:48:11.527	8:27.698	1:00.041	1:59.964	3:26.938	2:00.755
1	12:38:33.612			1:53.991	3:15.925	1:53.585	3	13:02:06.596	13:55.069	1:05.818	2:08.272	3:32.189	7:08.790
2	12:46:57.828	8:24.216	1:03.149	2:04.806	3:20.308	1:55.953	4	13:10:38.050	8:31.454	1:00.034	1:52.276	3:28.449	2:10.695
3	12:55:42.222	8:44.394	1:07.627	2:05.725	3:28.079	2:02.963	5	13:21:47.613	11:09.563	1:33.369	2:18.758	4:16.874	3:00.562
4	13:11:18.585	15:36.363	1:06.267	2:00.281	3:40.557	8:49.258	6	13:30:55.100	9:07.487	1:18.975	2:08.280	3:31.677	2:08.555
5	13:20:20.272	9:01.687	1:09.502	2:07.770	3:37.765	2:06.650	(1119) Jack de Bruin						
6	13:29:43.632	9:23.360	1:13.470	2:07.776	3:54.481	2:07.633	1	12:38:41.522			2:03.878	3:07.159	1:46.261
(1072) Barry Wesselingh							2	12:47:20.271	8:38.749	1:34.587	2:06.031	3:03.313	1:54.818
1	12:39:27.163			1:55.056	4:00.315	1:47.847	3	12:55:32.562	8:12.291	1:03.726	2:02.387	3:12.064	1:54.114
2	12:48:40.599	9:13.436	1:02.011	2:59.582	3:15.561	1:56.282	4	13:11:49.031	16:16.469	1:33.378	1:58.207	3:54.653	8:50.231
3	12:57:18.494	8:37.895	1:10.514	2:14.767	3:17.592	1:55.022	5	13:20:57.844	9:08.813	1:07.044	2:03.837	3:23.355	2:34.577
4	13:06:14.674	8:56.180	1:07.450	2:15.430	3:34.837	1:58.463	6	13:31:03.771	10:05.927	1:13.620	2:21.405	4:09.939	2:20.963
5	13:20:45.711	14:31.037	1:11.270	2:16.575	3:20.345	7:42.847	(1060) Dirk Verbree						
6	13:29:46.381	9:00.670	1:08.791	2:06.617	3:40.651	2:04.611	1	12:40:04.990			2:20.579	4:03.803	1:53.840
(921) Patrick van Leeuwen							2	12:48:30.524	8:25.534	1:09.499	2:02.940	3:21.377	1:51.718
1	12:38:52.436			2:04.855	3:20.838	1:46.369	3	12:57:12.191	8:41.667	1:07.313	2:01.550	3:18.208	2:14.596
2	12:47:05.187	8:12.751	1:03.360	2:02.803	3:16.310	1:50.278	4	13:12:41.760	15:29.569	1:05.277	2:04.801	3:20.353	8:59.138
3	12:55:23.007	8:17.820	1:02.910	2:06.953	3:15.207	1:52.750	5	13:22:10.986	9:29.226	1:08.727	1:58.308	4:18.210	2:03.981
4	13:03:45.004	8:21.997	1:06.825	2:02.335	3:16.631	1:56.206	6	13:31:17.438	9:06.452	1:19.510	2:02.481	3:39.505	2:04.956
5	13:20:59.300	17:14.296	1:05.377	1:58.097	3:09.604	11:01.218	(852) André Galetzki						
6	13:29:49.011	8:49.711	1:03.280	1:53.482	3:05.384	2:47.565	1	12:39:14.767			2:08.719	3:35.580	1:55.448
(1116) Frank de Visser							2	12:48:19.978	9:05.211	1:04.034	2:06.526	3:50.709	2:03.942
1	12:38:29.490			1:57.279	3:08.491	1:42.974	3	13:02:28.949	14:08.971	1:13.087	2:15.499	3:21.290	7:19.095
2	12:46:57.170	8:27.680	1:18.182	1:58.981	3:17.914	1:52.603	4	13:11:37.742	9:08.793	1:07.519	2:11.855	3:42.479	2:06.940
3	13:01:10.300	14:13.130	1:04.205	1:56.074	3:50.892	7:21.959	5	13:21:28.394	9:50.652	1:21.771	2:25.868	3:55.295	2:07.718
4	13:09:16.035	8:05.735	58.400	1:51.339	3:22.349	1:53.647	6	13:31:26.098	9:57.704	1:22.310	2:21.449	3:55.258	2:18.687
5	13:19:02.282	9:46.247	1:22.683	2:38.308	3:46.936	1:58.320	(856) Roy Sanders						
6	13:30:15.920	11:13.638	1:07.011	1:56.937	5:19.994	2:49.696	1	12:39:53.177			2:20.638	3:17.655	2:47.564
(824) Thomas Minkhorst							2	12:48:17.751	8:24.574	1:05.104	2:07.836	3:14.221	1:57.413
1	12:39:16.849			2:08.299	3:34.095	2:00.975	3	12:57:11.311	8:53.560	1:35.635	2:08.775	3:08.720	2:00.430
2	12:48:21.493	9:04.644	1:05.652	2:22.520	3:28.588	2:07.884	4	13:14:16.815	17:05.504	1:02.772	2:04.848	4:40.663	9:17.221
3	13:02:53.493	14:32.000	1:14.293	2:21.795	3:29.468	7:26.444	5	13:22:55.331	8:38.516	1:07.999	2:09.301	3:18.746	2:02.470
4	13:11:41.404	8:47.911	1:07.587	2:15.088	3:16.240	2:08.996	6	13:31:40.210	8:44.879	1:06.530	2:13.490	3:22.230	2:02.629
5	13:21:04.150	9:22.746	1:12.622	2:21.650	3:46.948	2:01.526	(958) Simon Vermeltfoort						
6	13:30:29.628	9:25.478	1:18.265	2:21.459	3:39.866	2:05.888	1	12:39:26.552			2:19.177	3:28.397	1:59.751
(844) Caspar Schellekens							2	12:48:26.356	8:59.804	1:32.508	2:27.283	3:06.189	1:53.824
1	12:39:33.012			2:08.272	3:48.519	1:56.918	3	12:57:13.271	8:46.915	1:05.970	2:32.359	3:08.847	1:59.739
2	12:48:17.722	8:44.710	1:09.885	2:03.367	3:32.232	1:59.226	4	13:12:03.116	14:49.845	1:07.942	2:36.838	3:18.915	7:46.150
3	12:56:56.022	8:38.300	1:08.567	2:07.199	3:24.806	1:57.728	5	13:22:11.572	10:08.456	1:11.078	2:29.020	3:54.286	2:34.072
4	13:11:53.976	14:57.954	1:04.129	2:06.769	4:02.047	7:45.009	6	13:31:45.488	9:33.916	1:09.541	2:37.261	3:11.278	2:35.836
5	13:20:57.089	9:03.113	1:09.496	2:12.851	3:33.180	2:07.586	(909) Geert Jan Vereijken						
6	13:30:38.880	9:41.791	1:35.407	2:12.848	3:35.423	2:18.113	1	12:39:25.917			2:20.068	3:28.416	1:56.415
(932) Marcel van Wort							2	12:48:05.092	8:39.175	1:05.597	2:11.821	3:04.042	2:17.715
1	12:40:01.846			2:03.666	4:10.370	2:09.819	3	13:03:41.531	15:36.439	1:08.521	2:22.575	3:27.508	8:37.835
2	12:49:02.355	9:00.509	1:11.161	2:07.538	3:42.770	1:59.040	4	13:13:39.693	9:58.162	1:41.477	2:17.652	3:38.985	2:20.048
3	12:58:17.042	9:14.687	1:07.231	2:06.282	3:38.368	2:22.806	5	13:22:33.980	8:54.287	1:08.652	2:16.658	3:23.610	2:05.367
4	13:07:16.585	8:59.543	1:07.806	2:04.096	3:42.099	2:05.542	6	13:31:51.864	9:17.884	1:27.950	2:18.290	3:30.472	2:01.172

Official Timing mwraceconsulting.com

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RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 3

28.11.2015 12:30

Race (50:00 and 1 Laps) started at 12:31:10

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
(981) Mark Overberg							1	12:39:48.223			2:24.967	3:44.634	1:58.031
1	12:39:33.691			1:55.631	4:00.187	1:59.326	2	12:48:47.605	8:59.382	1:11.365	2:11.633	3:37.887	1:58.497
2	12:47:59.089	8:25.398	1:05.905	1:50.151	3:38.172	1:51.170	3	12:58:02.506	9:14.901	1:11.132	2:25.606	3:36.203	2:01.960
3	12:57:24.314	9:25.225	1:20.947	2:10.431	3:40.304	2:13.543	4	13:14:54.901	16:52.395	1:16.626	2:24.802	3:34.366	9:36.601
4	13:11:17.740	13:53.426	1:20.959	2:29.320	3:55.296	6:07.851	5	13:24:15.772	9:20.871	1:11.904	2:16.432	3:46.033	2:06.502
5	13:21:19.185	10:01.445	1:15.330	2:22.583	4:00.951	2:22.581	6	13:33:45.766	9:29.994	1:09.923	2:02.521	3:55.452	2:22.098
6	13:31:53.813	10:34.628	1:23.727	2:42.723	4:10.304	2:17.874	(1030) Pascal Doppen						
(1093) Rob van Boxtel							1	12:39:23.368			1:53.906	3:54.105	2:01.829
1	12:39:56.659			2:25.892	3:40.935	2:02.154	2	12:48:45.188	9:21.820	1:06.854	1:51.609	3:49.542	2:33.815
2	12:50:17.361	10:20.702	1:10.796	2:19.637	4:54.024	1:56.245	3	12:56:50.398	8:05.210	1:06.306	1:48.509	3:13.113	1:57.282
3	12:59:42.323	9:24.962	1:07.363	2:30.495	3:32.895	2:14.209	4	13:04:58.256	8:07.858	1:01.695	1:46.727	3:03.012	2:16.424
4	13:14:28.773	14:46.450	1:15.411	2:30.859	3:59.768	7:00.412	5	13:22:41.070	17:42.814	1:08.929	1:49.077	5:51.899	8:52.909
5	13:23:03.628	8:45.050	1:04.683	2:16.926	3:24.413	1:59.028	6	13:33:53.124	11:12.054	1:03.414	1:47.364	6:11.765	2:09.511
6	13:32:17.247	9:03.424	1:05.145	2:10.716	3:24.657	2:22.906	(956) Rienk Roersma						
(936) Rob Oostewechel							1	12:41:02.966			1:58.609	5:39.547	1:51.106
1	12:39:51.999			1:53.945	4:33.826	1:54.377	2	12:49:32.683	8:29.717	1:07.521	1:55.484	3:27.711	1:59.001
2	12:48:49.485	8:57.486	1:02.115	1:55.119	3:37.746	2:22.506	3	13:07:28.550	17:55.867	1:03.591	3:02.444	3:45.076	10:04.756
3	12:58:09.565	9:20.080	1:05.336	1:57.802	3:50.798	2:26.144	4	13:16:02.936	8:34.386	1:10.289	2:05.214	3:16.908	2:01.975
4	13:14:01.555	15:51.990	1:07.116	2:02.297	3:43.705	8:58.872	5	13:25:22.931	9:19.995	1:44.611	1:59.446	3:35.167	2:00.771
5	13:23:03.628	9:02.073	1:10.854	1:56.652	3:41.132	2:13.435	6	13:33:59.343	8:36.412	1:12.845	1:55.039	3:23.190	2:05.338
6	13:32:20.712	9:17.084	1:14.534	2:08.039	3:39.592	2:14.919	(978) Tijmen Pesselse						
(931) Niitsan Roymans							1	12:40:41.485			2:18.507	4:30.914	2:11.954
1	12:38:47.731			1:52.522	3:39.501	1:45.430	2	12:50:40.941	9:59.456	1:12.133	2:32.972	4:01.160	2:13.191
2	12:49:56.069	11:08.338	59.905	2:03.946	6:03.074	2:01.413	3	13:04:57.184	14:16.243	1:07.793	2:19.507	3:48.514	7:00.429
3	12:58:47.603	8:51.534	1:02.398	2:05.810	3:44.939	1:58.387	4	13:14:38.435	9:41.251	1:14.546	2:12.722	3:58.687	2:15.296
4	13:07:18.188	8:30.585	1:15.884	2:00.765	3:23.639	1:50.297	5	13:24:41.186	10:02.751	1:14.868	2:19.806	3:58.379	2:29.698
5	13:23:43.352	16:25.164	2:00.274	2:11.805	3:44.269	8:28.816	6	13:34:49.610	10:08.424	1:17.197	2:42.794	3:53.368	2:15.065
6	13:32:34.936	8:51.584	1:05.481	2:05.795	3:18.342	2:21.966	(954) Wesley Maas						
(951) Rene Crommentuijn							1	12:45:25.424			1:53.269	3:14.056	1:59.523
1	12:39:31.095			2:05.032	3:44.179	2:00.413	2	12:53:54.759	8:29.335	1:01.131	2:14.555	3:16.292	1:57.357
2	12:48:24.633	8:53.538	1:08.079	1:55.420	3:50.286	1:59.753	3	13:03:29.985	9:35.226	1:07.767	2:08.378	4:20.479	1:58.602
3	12:58:49.716	10:25.083	1:08.674	1:57.174	5:18.330	2:00.905	4	13:17:22.549	13:52.564	1:14.768	2:08.114	3:25.596	7:04.086
4	13:08:26.176	9:36.460	1:09.882	2:02.327	4:16.449	2:07.802	5	13:26:18.020	8:55.471	1:09.758	2:06.462	3:29.143	2:10.108
5	13:23:17.206	14:51.030	1:14.727	2:04.288	4:06.832	7:25.183	6	13:35:09.274	8:51.254	1:12.270	2:09.881	3:24.454	2:04.649
6	13:32:47.902	9:30.696	1:12.503	2:04.661	4:00.803	2:12.729	(940) Hendrik van Zantvoort						
(1101) Dave Rongen							1	12:39:34.039			2:03.710	4:06.163	1:49.044
1	12:39:55.194			2:21.509	3:57.848	1:52.823	2	12:54:26.508	14:52.469	58.592	2:23.081	9:30.793	2:00.003
2	12:49:23.014	9:27.820	1:09.117	2:02.046	4:24.506	1:52.151	3	13:04:19.052	9:52.544	1:24.833	2:12.901	4:11.230	2:03.580
3	12:58:31.854	9:08.840	1:01.609	2:05.934	4:01.954	1:59.343	4	13:13:24.535	9:05.483	1:08.969	2:09.641	3:51.967	1:54.906
4	13:13:57.710	15:25.856	1:07.497	2:02.896	3:39.047	8:36.416	5	13:25:30.038	12:05.503	1:01.916	2:03.103	3:16.303	5:44.181
5	13:23:41.574	9:43.864	1:07.220	2:08.106	4:23.379	2:05.159	6	13:35:12.123	9:42.085	1:49.106	2:07.788	3:49.593	1:55.598
6	13:33:03.177	9:21.603	1:14.007	2:13.224	3:51.322	2:03.050	(1046) Guido van Veldhoven						
(1000) Lars Schulte							1	12:39:46.368			1:47.154	4:38.087	1:47.424
1	12:39:30.613			2:23.742	3:32.135	1:53.762	2	12:52:28.650	12:42.282	59.261	1:49.650	8:00.601	1:52.770
2	12:49:31.170	10:00.557	2:04.216	2:18.715	3:42.812	1:54.814	3	13:02:01.674	9:33.024	1:01.208	1:57.961	4:36.225	1:57.630
3	13:06:36.107	17:04.937	1:04.963	2:15.731	3:51.856	9:52.387	4	13:15:56.446	13:54.772	1:03.443	1:55.576	3:38.403	7:17.350
4	13:15:14.358	8:38.251	1:08.625	1:59.900	3:20.663	2:09.063	5	13:25:59.851	10:03.405	1:03.427	1:46.223	5:14.872	1:58.883
5	13:24:20.421	9:06.063	1:09.252	2:04.112	3:38.817	2:13.882	6	13:35:22.579	9:22.728	1:08.604	1:55.753	4:21.066	1:57.305
6	13:33:25.189	9:04.768	1:13.856	2:14.077	3:29.855	2:06.980	(980) Ronald Streng						
(986) Marcel Smaling							1	12:40:21.103			2:18.344	4:06.639	2:18.995
1	12:39:25.040			2:03.757	3:47.128	2:02.562	2	12:49:53.023	9:31.920	1:15.442	2:12.937	3:52.722	2:10.819
2	12:48:41.302	9:16.262	1:07.035	2:05.301	3:47.132	2:16.794	3	13:06:23.821	16:30.798	1:13.387	2:25.658	4:04.309	8:47.444
3	12:57:22.899	8:41.597	1:05.529	2:03.324	3:27.453	2:05.291	4	13:16:13.077	9:49.256	1:14.488	2:07.122	4:13.268	2:14.378
4	13:13:59.682	16:36.783	1:07.663	2:09.656	3:52.683	9:26.781	5	13:26:03.011	9:49.934	1:17.398	2:20.555	3:50.954	2:21.027
5	13:23:50.794	9:51.112		3:59.211	2:27.649		6	13:35:32.337	9:29.326	1:18.532	2:17.254	3:38.014	2:15.526
6	13:33:39.721	9:48.927	1:15.936	2:12.088	4:07.573	2:13.330	(865) Niels de Sadeleer						
(1075) Harry Rovers							1	12:40:23.135			2:27.213	4:09.944	1:56.365
1	12:39:51.999			1:53.945	4:33.826	1:54.377	2	12:55:51.819	15:28.684	1:35.497	2:01.921	4:05.807	7:45.459



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 3

28.11.2015 12:30

Race (50:00 and 1 Laps) started at 12:31:10

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
3	13:04:28.714	8:36.895	1:04.030	2:00.099	3:38.996	1:53.770	3	13:07:53.561	9:09.537	1:13.010	2:18.971	3:32.481	2:05.075
4	13:17:56.662	13:27.948	1:03.862	2:10.643	3:08.503	7:04.940	4	13:22:40.834	14:47.273	1:10.337	2:12.741	3:37.834	7:46.361
5	13:26:44.970	8:48.308	1:05.520	2:06.567	3:36.228	1:59.993	5	13:31:26.783	8:45.949	1:15.977	2:08.118	3:16.485	2:05.369
6	13:35:37.627	8:52.657	1:13.731	2:11.491	3:25.260	2:02.175	(1062) Ab Diseraad						
(1008) Rick Vriends							1	12:41:21.996			2:31.301	4:58.242	2:12.086
1	12:40:08.723			2:22.820	4:00.976	2:06.004	2	12:52:27.901	11:05.905	1:14.653	2:29.381	4:56.227	2:25.644
2	12:49:34.808	9:26.085	1:12.291	2:17.112	3:51.960	2:04.722	3	13:03:19.526	10:51.625	1:15.597	2:26.511	4:53.205	2:16.312
3	12:59:17.194	9:42.386	1:14.486	2:24.888	3:57.121	2:05.891	4	13:18:24.537	15:05.011	1:11.254	2:20.077	4:55.267	6:38.413
4	13:16:33.803	17:16.609	1:19.405	2:19.103	4:00.222	9:37.879	5	13:33:11.185	14:46.648	1:12.720	2:28.362	8:43.657	2:21.909
5	13:26:04.691	9:30.888	1:18.228	2:16.088	3:46.794	2:09.778	(1049) Maurice de Grave						
6	13:35:42.330	9:37.639	1:16.916	2:17.457	3:50.256	2:13.010	1	12:40:51.779			2:21.296	4:46.436	2:03.525
(816) Bennie van den Tweel							2	12:57:18.101	16:26.322	1:10.610	3:15.372	4:03.519	7:56.821
1	12:40:31.462			2:49.075	4:12.031	2:04.435	3	13:10:46.436	13:28.335	1:13.306	2:28.405	5:50.497	3:56.127
2	12:49:49.863	9:18.401	1:14.922	2:11.796	3:41.975	2:09.708	4	13:21:39.191	10:52.755	1:20.566	2:26.483	4:43.760	2:21.946
3	13:06:11.084	16:21.221	1:20.817	2:11.957	4:19.417	8:29.030	5	13:34:17.908	12:38.717	1:20.073	2:35.206	5:07.752	3:35.686
4	13:16:29.034	10:17.950	1:19.874	2:01.005	4:39.988	2:17.083	(1025) Wilfred ter Avest						
5	13:26:37.172	10:08.138	1:18.070	2:12.008	4:19.490	2:18.570	1	12:40:07.101			2:06.262	4:18.265	1:57.479
6	13:36:40.026	10:02.854	1:39.726	2:15.668	3:43.971	2:23.489	2	12:49:59.630	9:52.529	1:19.141	2:13.950	4:04.487	2:14.951
(1135) Hans Dussmann							3	13:08:08.595	18:08.965	1:47.332	2:27.441	5:14.183	8:40.009
1	12:41:09.451			2:46.027	4:10.995	2:26.815	4	13:20:13.458	12:04.863	1:19.806	2:19.148	5:27.289	2:58.620
2	12:51:14.351	10:04.900	1:28.248	2:24.539	4:09.764	2:02.349	5	13:35:47.902	15:34.444	3:32.543	2:52.074	5:44.501	3:25.326
3	13:00:48.938	9:34.587	1:12.583	2:15.982	3:59.401	2:06.621	(885) Ed Akkerman						
4	13:11:06.787	13:11.067	1:27.163	2:13.366	4:32.447	2:04.873	1	12:40:46.101			2:21.134	4:42.016	2:05.959
5	13:27:48.348	16:41.561	1:17.818	2:17.680	4:01.463	9:04.600	2	12:58:39.479	17:53.378	1:26.543	2:18.589	11:33.718	2:34.528
(997) Alexander Gouw							3	13:18:23.871	19:44.392	2:23.183	2:33.865	5:43.410	9:03.934
1	12:39:59.094			2:26.091	3:52.005	1:58.756	4	13:29:47.204	11:23.333	1:31.162	2:30.858	4:48.123	2:33.190
2	12:49:12.901	9:13.807	1:05.733	2:09.966	3:40.296	2:17.812	(1068) Bram van Oversteeg						
3	13:06:04.498	16:51.597	1:06.317	2:19.652	4:14.407	9:11.221	1	12:46:15.341			2:10.657	10:30.218	2:01.922
4	13:16:39.832	10:35.334	1:08.570	2:32.105	3:31.248	3:23.411	2	12:56:22.924	10:07.583	1:08.643	2:48.156	3:25.153	2:45.631
5	13:28:04.376	11:24.544	1:18.314	2:28.555	5:22.207	2:15.468	3	13:16:42.131	20:19.207	1:49.801	2:58.913	4:58.829	10:31.664
(1010) Huib Verboon							4	13:30:01.439	13:19.308	1:36.795	3:00.614	6:00.315	2:41.584
1	12:40:18.741			2:13.203	4:13.416	2:08.066	(1103) Mike Wolterink						
2	12:56:58.174	16:39.433	1:09.233	2:22.118	4:19.395	8:48.687	1	12:42:23.922			2:26.479	5:36.633	2:39.773
3	13:06:35.957	9:37.783	1:09.394	2:06.789	4:06.430	2:15.170	2	12:55:11.427	12:47.505	1:29.673	2:30.341	5:58.266	2:49.225
4	13:17:49.102	11:13.145	1:13.734	3:17.764	4:27.436	2:14.211	3	13:10:07.080	14:55.653	1:58.724	3:31.290	6:37.788	2:47.851
5	13:28:13.358	10:24.256	1:15.572	2:19.624	4:27.646	2:21.414	4	13:30:58.016	20:50.936	1:35.101	2:43.035	8:25.050	8:07.750
(953) Sebastiaan de Coo							(911) Victor Rensen						
1	12:40:17.484			2:07.284	4:44.159	1:52.422	1	12:39:57.318			1:57.611	4:13.796	2:13.037
2	12:54:05.438	13:47.954	1:03.778	1:56.550	8:50.578	1:57.048	2	13:10:52.055	30:54.737	1:21.332	2:59.322	5:08.915	21:25.168
3	13:04:44.631	10:39.193	2:19.545	2:04.973	3:45.448	2:29.227	3	13:21:15.811	10:23.756	1:22.066	2:08.046	4:36.707	2:16.937
4	13:19:36.232	14:51.601	1:13.180	2:09.394	3:56.764	7:32.263	4	13:31:55.557	10:39.746	1:33.936	2:06.803	4:28.649	2:30.358
5	13:29:19.609	9:43.377	1:07.494	2:02.565	4:29.166	2:04.152	(902) Joe Boers						
(857) Dennis van Paridon							1	12:40:25.582			2:49.258	3:42.574	2:20.759
1	12:43:16.546			2:44.318	3:55.853	5:03.872	2	12:51:05.336	10:39.754	1:37.530	2:54.169	3:49.145	2:18.910
2	12:52:49.396	9:32.850	1:07.496	2:11.142	4:06.398	2:07.814	3	13:05:29.502	14:24.166	1:06.967	2:27.861	3:21.419	7:27.919
3	13:10:38.978	17:49.582	1:12.471	2:18.326	3:22.154	10:56.631	4	13:35:51.437	30:21.935	1:04.246	2:04.692	25:12.035	2:00.962
4	13:20:07.557	9:28.579	1:15.295	2:15.251	3:58.287	1:59.746	(1001) Marc Jansen						
5	13:29:46.455	9:38.898	1:11.366	2:18.012	4:02.852	2:06.668	1	12:43:24.206			2:18.682	7:22.615	2:02.140
(1015) Johan van Vliet							2	13:10:35.193	27:10.987	1:06.889	2:27.226	12:46.242	10:50.630
1	12:41:00.181			2:22.845	4:28.509	2:23.104	3	13:31:17.836	20:42.643	1:33.739	2:48.931	7:56.542	8:23.431
2	12:51:57.117	10:56.936	1:25.737	2:34.373	4:26.794	2:30.032	(1065) Rik Sander						
3	13:08:14.619	16:17.502	1:30.508	2:26.570	4:43.042	7:37.382	1	13:01:16.355			2:13.657	8:49.834	18:31.491
4	13:19:14.155	10:59.536	1:28.771	2:24.788	4:20.438	2:45.539	2	13:12:51.048	11:34.693	1:34.844	2:05.056	5:13.367	2:41.426
5	13:30:25.079	11:10.924	1:42.089	2:19.991	4:27.870	2:40.974	3	13:31:42.547	18:51.499	2:03.435	3:00.672	4:30.779	9:16.613
(884) Remco Lubbersen							(1096) Matthijs Scheffer						
1	12:40:51.886			2:21.009	4:57.213	1:57.964							
2	12:58:44.024	17:52.138	1:05.522	2:18.904	3:22.503	11:05.209							



RBKO Den Haag

RBKO Scheveningen 5,000 Km Heat 3 28.11.2015 12:30

Race (50:00 and 1 Laps) started at 12:31:10

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
1	12:46:01.671			2:17.710	9:22.500	2:36.803	1	12:40:10.507			2:37.744	3:47.277	1:59.912
2	13:06:40.419	20:38.748	3:07.525	4:24.723	8:30.165	4:36.335	2	12:48:57.625	8:47.118	1:12.452	1:53.672	3:28.510	2:12.484
3	13:32:14.813	25:34.394	1:49.990	7:38.036	7:30.398	8:35.970	3	12:57:46.190	8:48.565	1:19.514	1:56.052	3:33.695	1:59.304
(1043) Dylan van Daele							4	13:13:37.456	15:51.266	1:08.804	1:54.726	5:04.739	7:42.997
1	12:36:49.006			1:38.291	2:20.594	1:18.096	5	13:22:58.650	9:21.194	1:41.218	1:52.088	3:40.649	2:07.239
2	12:42:47.850	5:58.844	43.982	1:35.677	2:16.424	1:22.761	(1125) Van Heertum						
3	12:49:04.694	6:16.844	50.754	1:35.155	2:23.357	1:27.578	1	12:39:24.887			1:59.914	3:46.807	2:02.544
4	12:59:50.820	10:46.126	46.541	1:38.035	2:25.371	5:56.179	2	12:56:22.763	16:57.876	1:06.428	2:12.904	3:36.504	10:02.040
5	13:06:16.052	6:25.232	51.503	1:37.899	2:24.543	1:31.287	3	13:05:20.722	8:57.959	1:09.267	2:10.717	3:32.582	2:05.393
6	13:12:48.615	6:32.563	57.209	1:37.128	2:25.728	1:32.498	4	13:14:03.906	8:43.184	1:07.957	2:08.201	3:28.894	1:58.132
7	13:19:26.364	6:37.749	56.504	1:39.338	2:31.473	1:30.434	5	13:23:24.771	9:20.865	1:07.497	2:33.022	3:33.304	2:07.042
8	13:26:05.556	6:39.192	53.944	1:38.855	2:33.568	1:32.825	(1086) Luck Kotter						
(814) Arjen Froma							1	12:39:51.134			2:15.052	4:02.178	1:50.975
1	12:36:39.084			1:32.836	2:20.265	1:21.886	2	12:47:56.452	8:05.318	1:00.341	2:01.224	3:18.880	1:44.873
2	12:42:42.280	6:03.196	44.844	1:31.011	2:20.978	1:26.363	3	12:55:32.833	7:36.381	59.783	1:54.676	2:58.885	1:43.037
3	12:49:03.939	6:21.659	47.246	1:35.938	2:32.961	1:25.514	4	13:03:12.642	7:39.809	1:01.543	1:50.666	3:04.315	1:43.285
4	12:55:33.238	6:29.299	48.350	1:35.859	2:30.848	1:34.242	(864) Iwan Kort						
5	13:09:21.461	13:48.223	50.292	1:33.144	2:36.475	8:48.312	1	12:42:43.386			2:31.137	6:11.473	2:17.310
6	13:15:52.661	6:31.200	49.404	1:33.779	2:37.423	1:30.594	2	12:55:37.214	12:53.828	1:13.085	2:13.071	7:16.211	2:11.461
7	13:22:20.973	6:28.312	49.788	1:33.139	2:33.225	1:32.160	3	13:15:42.087	20:04.873	1:12.735	2:21.114	4:49.076	11:41.948
(871) Joel Aantjes							4	13:27:09.638	11:27.551	1:22.848	2:18.264	5:22.797	2:23.642
1	12:36:58.500			1:36.912	2:28.522	1:24.351	(1106) Mark Boot						
2	12:43:54.578	6:56.078	1:13.948	1:43.721	2:26.353	1:32.056	1	12:36:14.408			1:31.366	1:59.805	1:11.149
3	12:50:43.229	6:48.651	1:06.561	1:41.263	2:28.462	1:32.365	2	12:41:41.983	5:27.575	38.406	1:36.938	1:58.936	1:13.295
4	12:57:27.388	6:44.159	52.526	1:42.777	2:32.465	1:36.391	3	12:47:06.687	5:24.704	39.044	1:25.735	2:03.515	1:16.410
5	13:09:27.833	12:00.445	54.127	1:44.169	2:25.953	6:56.196	(898) Bart Wolfs						
6	13:16:15.133	6:47.300	56.727	1:40.081	2:35.283	1:35.209	1	12:36:59.611			1:37.913	2:25.799	1:28.067
7	13:23:08.491	6:53.358	54.667	1:43.097	2:30.723	1:44.871	2	12:43:37.478	6:37.867	48.586	1:38.847	2:34.406	1:36.028
(882) Leroy van Kruistum							3	13:01:55.605	18:18.127	1:25.396	1:53.941	3:05.412	11:53.378
1	12:37:49.601			1:47.530	2:57.877	1:31.941	(875) Jacco Braam						
2	12:45:35.639	7:46.038	50.824	1:52.368	3:23.116	1:39.730	1	12:40:29.937			2:35.343	4:10.430	2:00.044
3	12:52:59.937	7:24.298	53.462	1:59.943	2:49.929	1:40.964	2	12:49:45.202	9:15.265	1:09.448	2:14.459	3:42.735	2:08.623
4	13:00:06.158	7:06.221	51.845	1:56.110	2:42.191	1:36.075	3	13:23:13.377	33:28.175	4:46.015	2:15.129	12:49.157	13:37.874
5	13:12:56.732	12:50.574	51.629	1:54.558	3:06.961	6:57.426	(966) Kevin Haisma						
6	13:19:55.109	6:58.377	53.123	1:46.811	2:39.797	1:38.646	1	12:43:09.329			2:23.630	5:52.182	3:16.445
7	13:27:00.137	7:05.028	53.599	1:52.320	2:41.025	1:38.084	2	12:59:17.939	16:08.610	2:50.267	3:18.561	7:33.562	2:26.220
(1097) Noud van Kraaij							3	13:23:25.886	24:07.947	3:56.180	2:57.256	6:19.603	10:54.908
1	12:36:22.198			1:34.262	2:05.019	1:14.405	(989) Sam Anders						
2	12:41:47.130	5:24.932	41.086	1:29.319	2:01.272	1:13.255	1	12:41:19.162			2:10.436	5:28.044	1:57.512
3	12:47:13.060	5:25.930	40.188	1:29.277	2:01.287	1:15.178	2	12:57:29.714	16:10.552			4:46.110	2:44.245
4	12:52:45.270	5:32.210	41.807	1:31.182	2:04.512	1:14.709	3	13:25:03.091	27:33.377			15:18.384	6:14.370
5	12:58:18.843	5:33.573	43.258	1:31.608	2:00.241	1:18.466	(976) Boyd Karsmakers						
6	13:04:03.468	5:44.625	43.868	1:33.862	2:09.728	1:17.167	1	12:36:35.480			1:37.775	2:15.672	1:17.569
(1050) Jeffrey Ganseman							2	12:42:28.441	5:52.961	43.424	1:34.507	2:13.732	1:21.298
1	12:37:10.527			1:44.500	2:28.941	1:23.547	(873) Luuc Oolman						
2	12:43:09.188	5:58.661	46.221	1:30.997	2:19.536	1:21.907	1	12:46:59.675			2:38.736	4:49.250	8:01.269
3	12:49:16.120	6:06.932	45.740	1:36.457	2:20.423	1:24.312	2	13:04:52.110	17:52.435	1:32.000	2:44.038	3:54.857	9:41.540
4	12:55:14.758	5:58.638	47.887	1:34.216	2:15.264	1:21.271	(1112) Gert-Jan Valk						
5	13:01:16.029	6:01.271	47.897	1:31.927	2:15.552	1:25.895	1	12:37:10.346			1:31.944	2:43.928	1:26.892
6	13:07:12.118	5:56.089	47.584	1:28.981	2:14.433	1:25.091	(983) Martin Nijboer						
(813) Sebastiaan Jansen							1	12:42:55.536			2:10.554	5:44.341	3:16.632
1	12:37:02.514			1:32.067	2:38.280	1:27.940	(892) Rosanne van Rij						
2	12:43:32.764	6:30.250	46.774	1:32.570	2:46.345	1:24.561	1	12:49:05.812			2:59.373	9:26.926	4:40.184
3	12:51:36.382	8:03.618	47.937	1:30.770	4:10.912	1:33.999							
4	13:04:03.735	12:27.353	46.985	1:35.453	3:14.129	6:50.786							
5	13:11:11.402	7:07.667	51.232	1:34.136	3:07.570	1:34.729							
6	13:18:56.121	7:44.719	1:44.586	1:36.962	2:48.096	1:35.075							
(946) Arend Thomas Pauw													



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 3

28.11.2015 12:30

Race (50:00 and 1 Laps) started at 12:31:10

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
(866) Wilco Verhoeven													
1	12:37:08.361			1:36.019	2:34.266	1:33.055							
2	12:43:39.069	6:30.708	49.801	1:42.669	2:30.133	1:28.105							
3	12:50:20.842	6:41.773	48.910	1:33.440	2:46.507	1:32.916							
4	13:01:27.934	11:07.092	49.531	1:39.827	2:55.992	5:41.742							
5	13:08:11.903	6:43.969	50.570	1:39.066	2:36.070	1:38.263							
6	13:15:02.616	6:50.713	52.738	1:44.844	2:37.835	1:35.296							
7	13:22:02.690	7:00.074	53.796	1:45.259	2:40.456	1:40.563							
8	13:29:06.672	7:03.982	58.161	1:42.853	2:45.923	1:37.045							
(915) Roy Rommes													
1	12:37:01.867			1:30.568	2:28.769	1:38.534							
2	12:43:36.070	6:34.203	48.656	1:40.710	2:34.818	1:30.019							
3	12:50:20.116	6:44.046	51.618	1:42.934	2:37.768	1:31.726							
4	12:57:01.771	6:41.655	53.425	1:43.236	2:30.688	1:34.306							
5	13:03:42.891	6:41.120	53.326	1:41.023	2:34.013	1:32.758							
6	13:10:16.002	6:33.111	51.883	1:39.792	2:28.840	1:32.596							
7	13:29:31.429	19:15.427	53.918										